Adult Protective Services
Training Catalog
Serving Adult Protective Service Workers, Supervisors, and Community Partners
Revised November 28, 2017
Welcome to the Ohio Human Services Training System (OHSTS) for Adult Protective Service (APS) Workers! Our mission is to strengthen best practice in adult protective services through comprehensive skill development, collaboration, and advocacy. This training catalog provides an overview of APS trainings available to include core training, eLearnings and ongoing training for caseworkers and supervisors.

Registration for all classroom trainings and eLearnings occur through OHSTS' learning management system (LMS). To request an account, click on this link: [http://www.ohsts.org/lms-addperson.html](http://www.ohsts.org/lms-addperson.html)

For general information visit us at [http://www.ohsts.org/](http://www.ohsts.org/). For scheduling questions or to request training, please contact your Regional Training Center (RTC): [http://www.ohsts.org/our-regions.html](http://www.ohsts.org/our-regions.html).

**Ohio Administrative Code 5101:2-20-07 - Education and In-Service Training Requirements for APS Caseworkers and Supervisors**

Effective August 1, 2016, adult protective services (APS) caseworkers and APS supervisors hired on or after September 29, 2015 shall complete APS core training. A minimum of eighteen hours of the core training requirements shall be completed through instructor led courses. The remaining core requirements shall be completed through either instructor led or online courses.

1. At a minimum, the following APS core training courses shall be completed within the first year of continuous employment:
   (a) APS laws and regulations.
   (b) Dynamics of elder abuse.
   (c) The aging process.

2. The following APS core training courses shall be completed at any time during the first two years of continuous employment:
   (a) APS risk assessment.
   (b) APS values and ethics.
   (c) Case planning.
   (d) Collaboration in APS.
   (e) Initial investigation.
   (f) Professional communication.

APS caseworkers shall complete eighteen hours of ongoing training annually in areas relevant to the caseworker's assigned APS duties, after the first two years of continuous employment with the agency as a caseworker.

APS supervisors shall complete fifteen hours of ongoing training annually in areas relevant to the supervisor's assigned APS duties after the first two years of continuous employment with the agency as a supervisor. For supervisors subject to rule 5101:2-33-56 of the Administrative Code, at least six hours of the required thirty hours of ongoing training must be courses related to APS.
APS CORE Training

- APS Laws and Regulations
- Case Planning (pre-requisite of Voluntary and Involuntary Case Planning eLearnings)
- Collaboration in APS
- Dynamics of Older Adult Maltreatment
- Ethics, Values, and Cultural Competence (eLearning only)
- Initial Investigation
- Professional Communication
- Risk Assessment (eLearning option available)
- The Aging Process (eLearning only)

APS eLearnings

- APS Case Documentation and Report Writing (Parts 1, 2 and 3)
- APS Worker Safety
- Assessing APS Clients’ Decision-Making Capacity *NEW (June 2017)*
- Caregiver or Perpetrator Neglect
- Elder Sexual Abuse
- Financial Exploitation: An Introduction
- Financial Exploitation: Deed Theft and Foreclosure Rescue Scams
- Financial Exploitation: Living Trust and Annuities Scams
- Financial Exploitation: Power of Attorney Abuses
- Financial Exploitation: Reverse Mortgage Abuse
- Financial Exploitation: Undue Influence
- Financial Exploitation: Identity Theft and Credit Card Fraud
- Interviewing Skills for APS Workers (Parts 1, 2 and 3)
- Involuntary Case Planning in APS (Parts 1, 2 and 3)
- Mental Health in APS - Part 1
- Mental Health in APS - Part 2
- Physical and Developmental Disabilities
- Responding to Elder Physical Abuse and Neglect
- Risk Assessment in APS
- Substance Abuse and Older Adults
- The APS Intake Interview
- Voluntary Case Planning in APS
- Working with Self-Neglecting Clients (Parts 1, 2 and 3)

Ongoing Specialized and Related Training for Caseworkers

- A Diversity of Beliefs
- Advanced Interviewing Skills for the Helping Professional
- Adventures in Attitude: Quality Conversations *NEW (November 2017)*
- American Heart Association Heartsaver First Aid – CPR.AED
- An Overview of Heroin and Opiate Addiction *NEW (June 2017)*
APS Legal Framework and Non-Voluntary Interventions *NEW (March 2017)*
Assessing Adult Protective Services Clients’ Decision Making Capacity
Attitude and Customer Service
Avoiding ANTS (Automatic Negative Thoughts)
Basic Counseling Skills
Building Client Responsibility, Motivation and Initiative
Calming the Chaos: Keeping Your Cool When Things Get Hot
Caseworker Interviewing, Problem Solving and Crisis Intervention
Chill Out: Managing Your Anger and Theirs
Chronic Pain and Addiction *NEW (February 2017)*
Civil Rights Compliance: Respecting Their Rights
Coaching Your Clients to Success
Communicable Diseases
Communicating Customer Service
Communicating with Confidence
Communication Enhancement
Conducting Safe Home Visits
Conflict Management for Case Managers
Creative Compromise: Conflict Management
Cultural Competence with Muslim Clients in Human Services
Cultural Issues in Domestic Violence
Culturally Sensitive Interviewing Skills
Culturally Sensitivity and Competence
Customer Service: Dealing with Difficult Customers
Dealing with Toxic Co-Workers
Delving Into Elder Sexual Abuse
Diogenes Syndrome and Hoarding Disorders in the Elderly
Domestic Violence: From Victim to Survivor
Domestic Violence in Later Life
Emotional Intelligence Matters
Empowering the New Poor: Understanding Poverty from a Strengths Based Perspective
Engaging the Customer to Enhance Case Management Outcomes
Ethical Dilemmas, Difficult Life Decisions
Ethics Are Forever
Everyday Ethics for Human Services Workers
Financial Exploitation and Undue Influence
From Confrontation to Collaboration
Gangs, Cliques and Crews
Human Trafficking: Modern Day Slavery
Interpersonal Conflict: Dealing with Difficult Behaviors in the Professional Setting
Interviewing Those with Age Related Disabilities
Is Poverty Culture?
Keeping the Vulnerable Populations Safe in Cyberspace
Keeping Your Office Space Safe
Loss and Grief
Make the Right Decision
Managing Your Moral Compass in Serving Vulnerable Adults
Mediation with Vulnerable Adults: A Practicum in Negotiation
Motivational Interviewing: Preparing the Elderly for Change
Never Be Lied to Again
Never Be Lied to Again Part 2 – Still Being Lied To
Over the Line – Ethics and Boundary Issues in Social Media and the Real World *NEW (April 2017)*
Overview of Mental Health and Mental Illness
Overview of Mental Health Issues in Adults
Positive Assertiveness Skills
Positive Attitude, Customer Service and Ethics in Social Work
Power, Gender and Identity
Prescription Pain Pills and Heroin Hurt
Put Some Social in Your Service
Seniors Can Be Bullies Too
Street Drugs: Chemicals That Destroy Minds and Lives
Stress and Coping Skills: Leadership Survival Skills
Substance Abuse, Chemical Dependency and the Elderly
Success Working in the Multi-Generational Workplace
Teaming with the Aggressive Client
The Art of Listening and Confronting Conflict
The Basics About Adult Guardianship in Ohio
The Culture of Disrespect
The Culture of Poverty
The Role of APS in Questioning Capacity Versus Competency *NEW (October 2017)*
The Ten Lenses
Time and Stress Management
Torn and Battered, But Not Broken – Sexual Abuse in the Elderly *NEW (March 2017)*
Toxic Tiffs and Riffs: Overcoming Workplace Bullying in Human Services
Turn Out the Burn Out
Understanding Borderline Personality Disorders
Understanding Dementia and Its Impact on the Elderly *NEW (March 2017)*
Understanding Depression
Understanding Human Behavior
Understanding Individual Diversity and Personality
Understanding Mood Disorders
Understanding Schizophrenia *NEW (August 2017)*
Understanding the Opiate Epidemic and Treating the Opiate Addict *NEW (February 2017)*
Unleashing the Power of Diversity
Utilizing Motivational Interviewing as an Evidenced Based Treatment Technique *NEW (June 2017)*
Verbal De-escalation
Verbal De-escalation of Aggressive Clients and Customers
Web of Chemical Dependency
When Should Guardianship Be Our Choice?
Working with Self-Neglecting Clients *NEW (March 2017)*
Workplace Bullying Issues

Ongoing Specialized and Related Training for Supervisors.....47

Boosting Staff Performance
Building Synergistic Teams Across the Generations
Conducting and Conveying Performance Appraisals
Dealing with Difficult Employee Behavior with Integrity
Dealing with Unacceptable Employee Behavior
Increasing Team Cooperation
Launching Leadership Series *NEW (June 2017)*
  Module 1: Developing a Management Mindset and Skillset
  Module 2: Purpose Driven Planning and Action
  Module 3: Leading Change
  Module 4: Building a Cooperative and Collaborative Team
  Module 5: Addressing Unwanted Team Behaviors
  Module 6: Performance Appraisal Magic
Leadership Series Module 1: Making the Transition to Management
Leadership Series Module 2: Planning
Leadership Series Module 3: Organization
Leadership Series Module 4: Staffing
Leadership Series Module 5: Directing
Leadership Series Module 6: Monitoring and Evaluating
Reviving the Fire
So You Want to be a Supervisor
Successful Supervision in Social and Adult Protective Services *NEW (October 2017)*
Team Building for Results
To Lead or Not to Lead: That is the Question

Trainer Biographies.................................................................56

Brian Bethel          Ruth McMonagle          Anthony President
Melanie Hale         Kelly Mettler          Rita Rizzo
Jennifer Haywood     Beth Moore            Jo Simonsen
Dan Houston          Janice Morabeto        Karen Vadino
Theresa Johnson      Julia Nack            Lou Vincent
Kevin Kurpieski      CeCe Norwood          John Ward
Ken Lawson           Ed Petrish            Carilyn White
Brian Lowery         Sylvia Pla-Raith
APS CORE Training

APS Laws and Regulations
The purpose of this workshop is for Adult Protective Services (APS) staff to understand applicable sections of the Ohio Revised Code (ORC) and Ohio Administrative Code (OAC) related to APS practice and to be able to find the legal reference when needed for application to a specific older adult’s circumstances. Participants will work in small groups, formulating team responses to case study-related questions by finding the legal citation that applies to the circumstances of each case. By the end of this workshop, participants will:

- Be familiar with Ohio laws and regulations related to APS practice
- Understand capacity considerations for APS practice
- Understand involuntary interventions possible under Ohio APS law
- Understand the continuum of legal alternatives used to protect older adults

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Melanie Hale, Kevin Kurpieski, Kelly Mettler, Sylvia Pla-Raith
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Case Planning
In Adult Protective Services (APS), the worker completes the assessment and then develops a case plan with the older adult that includes goals, objectives, and activities to reduce the older adult’s risk of maltreatment. When the older adult has the capacity to participate in planning and consent to services, a voluntary case plan is developed. However, in situations where there has been a determination of extreme risk and the older adult lacks capacity or cannot consent to services, involuntary action may be necessary. In this workshop, we will examine how workers come to the conclusion that an involuntary action should be pursued. We will explore the case review process as well as the legal and ethical dilemmas surrounding the decision to use involuntary interventions. By the end of this workshop, participants will be able to:

- Discuss the importance of case plans, case plan essentials, and Ohio’s case plan requirements
- Discuss the steps in developing a voluntary and involuntary case plan and factors to consider
- Define involuntary interventions and determine when an involuntary intervention may be indicated
- Explore legal and ethical issues in the decision to use involuntary interventions
- Understand how to gather evidence and document the need for an involuntary intervention

Pre-Requisite: Voluntary Case Planning and Involuntary Case Planning eLearnings
Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Theresa Johnson, Kevin Kurpieski, Kelly Mettler
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)
Collaboration in APS
In this workshop, participants will learn the benefits, challenges, and barriers to successful collaboration in Adult Protective Services (APS). The fundamental elements and skills critical to effective team building within a collaborative partnership will be presented. Participants will be introduced to the role of an Interdisciplinary Team (I-Team) and Memorandums of Understanding (MOU’s) in the field of APS and one’s responsibility as a team member. By the end of this workshop, participants will be able to:

- Define collaboration as it applies to work across professional disciplines
- Articulate the benefits, challenges, and barriers to successful collaboration
- Understand the fundamental elements critical to effective team building within a collaborative partnership
- Understand the importance of an I-Team, MOU’s, and member roles and responsibilities

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Melanie Hale, Kevin Kurpieski, Kelly Mettler, Sylvia Pla-Raith
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Dynamics of Older Adult Maltreatment
In this workshop, participants will be able to define older adult abuse, neglect, and exploitation and identify the various dynamics that underlie each. Participants will explore the role of Adult Protective Services (APS) and how dynamics might inform case interventions. By the end of this workshop, participants will be able to:

- Define older adult abuse, neglect, and exploitation as it applies to APS
- Identify various dynamics underlying older adult abuse, neglect, and exploitation
- Explore APS role and how dynamics might inform case interventions
- Identify why some older adults refuse services and remain with their abusers

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Melanie Hale, Kelly Mettler, Carilyn White
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Ethics, Values and Cultural Competence (eLearning)
The purpose of this training is to “demystify” ethics, and offer a practical framework for ethical decision-making on the front lines. It will help APS professionals become more aware of their own value systems, their approach to decision-making, and it will give workers tools to analyze situations from a culturally competent standpoint. Additionally, this training will assist APS workers in labeling, organizing, and understanding what they see, and it will help them analyze the consequences of the decisions facing them.

Credits: OHSTS (1.5 credits); Social Work (1.5 CEUs); Social Work Ethics (1.5 CEUs); Counselor (1.5 CEUs); Counselor Ethics (1.5hrs)

Initial Investigation
In this workshop, participants will learn how to evaluate initial intake reports for Adult Protective Services (APS) and how to prepare for the initial visit. Participants will be introduced to rapport building strategies when working with older adults and methods for conducting
investigations of abuse, neglect, and exploitation. Participants will also learn methods for interviewing alleged perpetrators and how to assess dangerous situations. By the end of this workshop, participants will be able to:

- Define intake and describe the goal of the intake process
- Describe the S.T.O.R.Y. approach and its use in the intake process
- Understand methods for preparing for the initial visit and rapport building strategies when working with older adults
- Describe interviewing strategies when working with alleged perpetrators
- Describe how to assess potentially dangerous situations in order to remain safe and discuss ways to deescalate these situations

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Melanie Hale, Kevin Kurpieski, Kelly Mettler

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**Professional Communication**

In this workshop, Adult Protective Service (APS) workers learn the basic components of professional communication in APS. Participants will understand the importance of fact finding interviews, preparation techniques, and effective communication strategies. Participants will also learn about various investigative communication strategies and special considerations when working with older adults. By the end of this workshop, participants will be able to:

- Describe the importance of fact finding interviews and preparation techniques
- Identify effective interviewing skills to enhance professional communication in one’s APS role
- Describe various question styles and content that can be used when conducting an investigative interview
- Understand the various special considerations needed when communicating with older adults

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Brian Lowery, Kelly Mettler, Carilyn White

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**Risk Assessment**

In this workshop, participants understand the importance of risk assessment in Adult Protective Services (APS) practice. Participants will understand how to assess risk across five (5) domains in terms of severity and urgency. Participants will learn the phases of a risk assessment, the difference between risk indicators and risk factors, and how to develop risk reduction case plans. By the end of this workshop, participants will be able to:

- Define risk assessment and its function
- Understand the difference between risk indicators and risk factors
- Understand how to assess risk factors in five (5) domains:
  - Physical Health and Functional Status
  - Behavioral Health Status and Capacity
  - Living Environment Status
- Financial Status
- Social Status
- Understand how to assess overall levels of risk in terms of severity, urgency, and likelihood of harm occurring
- Describe considerations when developing risk reduction case plans

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Theresa Johnson, Kevin Kurpieski, Kelly Mettler, Beth Moore, Carilyn White

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**The Aging Process (eLearning)**

Aging is part of the normal physical and developmental life course. As is true in every phase of life, changes that occur in later life offer rewards, opportunities for growth, and physical and developmental challenges. In this dynamic, interactive 90 minute online training, participants will receive a basic understanding of the aging process that will enhance their ability to perform investigations and make evaluations. The training is intended for new APS workers, experienced workers needing a refresher and elder abuse partner agencies.

**Credits:** OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs); Social Work and Counselor Ethics (1.5 CEUs)
APS e-Learnings

OHSTS-APS e-Learnings are available through the Learning Management System for APS workers and supervisors only, or county staff with APS responsibilities.

NOTE: While there is no charge to you to complete an eLearning, the OHSTS has purchased a user license for your course attendance. Once you complete your course enrollment, the seat license has been spent and is non-reimbursable. **DO NOT** complete the course enrollment registration page if you do not intend to immediately complete an eLearning. If you have any questions, please email OHSTS@ihs-trainet.com.

APS Case Documentation and Report Writing (Parts 1, 2 and 3)
This e-learning curriculum is divided into three parts. Part one discusses the purpose of APS case documentation. In part two, caseworkers learn about objective language. Part three outlines documentation equipment and APS confidentiality and reports. Participants must complete all three parts for successful completion of this course. This self-paced interactive eLearning will enable participants to:

- Identify the purpose of accurate, complete and timely documentation
- Recognize clear, concise, and objective language
- Identify four types of equipment used for documentation and how to use them
- Understand the importance of accurate recall and identify at least three memory improvement techniques
- Identify the role that confidentiality plays in documentation
- Identify and correct inappropriate documentation in report writing

Credits: OHSTS (2 credits); Social Work (2 CEUs); Counselor (2 CEUs)

APS Worker Safety
This self-paced interactive eLearning guides workers through safety considerations for entering unfamiliar neighborhoods and client’s homes. By the end of this eLearning, participants will be able to:

- Recognize three signs of danger and three methods of avoiding or mitigating danger
- Identify the family dynamics that contribute to crisis.
- Demonstrate the steps to prepare for a home visit with safety in mind.
- Describe skills that will defuse violent outbursts.
- Describe the role of the supervisor in maintaining your safety
- Recognize the difference between awareness and hypervigilance
- Have a plan for terminating the interview when needed

Credits: OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

Assessing APS Clients’ Decision-Making Capacity *NEW*
This eLearning will help you assess your clients’ decisional capacity by identifying the factors that affect decisional capacity, understanding the uses and limitations of the tools available to
complete capacity assessments, and understanding the value and purpose of a formal capacity evaluation done by a clinical professional.

**Credits:** OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs)

**Caregiver or Perpetrator Neglect**
This eLearning course focuses on neglect that is perpetrated by formal and informal caregivers. This course is designed to help participants develop the tools needed to conduct a neglect investigation and to develop plans to help to reduce the risk of future neglect. By the end of this eLearning, participants will be able to:

- Identify 3 physical and 3 behavioral indicators of caregiver neglect
- Identify 5 factors that contribute to victim risk of neglect
- Assess allegations of caregiver neglect using 5 domains of assessment
- Describe the barriers to determining if neglect is intentional or unintentional
- Identify 3 best practices in interviewing perpetrators
- Define 3 components of service planning

**Credits:** OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs)

**Elder Sexual Abuse**
This self-paced interactive eLearning teaches participants the myths and realities of sexual violence as it relates to APS clients. Participants learn how to recognize and discuss sexual victimization, how to screen for and interview clients regarding sexual abuse and what interventions to offer victims. TRIGGER ALERT: This eLearning includes a video interview of an elderly woman who was raped by her grandson. If you or a family member/friend have experienced a sexual assault, please be sure to have a trusted individual available to debrief your reaction to video in case it triggers anxiety. At the end of the training, participants will be able to:

- Identify the myths and realities of sexual violence as it relates to APS clients
- Discuss the dynamics of sexual victimization
- Recognize the signs of potential sexual abuse among your clients
- Effectively screen for and interview clients regarding sexual abuse
- Offer helpful interventions to victims

**Credits:** OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

**Financial Exploitation: An Introduction**
In this engaging and highly interactive introductory eLearning, participants gain foundational information about the necessary and essential components for effective financial exploitation investigations. Trainees will understand common victim and perpetrator characteristics; learn the various types of financial exploitation; understand decision making capacity and undue influence as they are related to financial exploitation cases; and describe the primary components of a financial exploitation investigation.

**Credits:** OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)
Financial Exploitation: Identity Theft and Credit Card Fraud
Identity theft and credit card fraud are two of the fastest growing crimes in the United States. Many of us have been victimized by one or the other; or know someone who has been victimized. Elders and dependent adults may be particularly vulnerable as they often are not as technologically savvy as many younger persons, and they may have a tendency to trust others when it comes to financial transactions. At the end of the training, participants will be able to:

- Identify specific types of identity theft and credit card fraud
- Describe the elements of the crimes
- Identify the steps to take in the investigation
- Identify partners in the field

Credits: OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

Financial Exploitation: Power of Attorney Abuses
The subject of the Power of Attorney Abuses Mini-Module is to provide information about the various types of Power of Attorney documents that exist and indicators that power of Attorney abuse may be taking place. This Mini-Module will also discuss the steps to pursue in investigating a possible Power of Attorney abuse case, as well as various types of legal remedies that can be pursued if Power of Attorney abuse is identified; as well as information on various professional partners that may assist you in intervening in one of these cases. At the end of this module, participants will be able to:

- Define specific types of POA abuse
- Identify indicators of POA abuse
- Describe the steps to take in the investigation
- Identify partners in the field

Credits: OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

Financial Exploitation: Deed Theft and Foreclosure Rescue Scams
Deed theft and foreclosure rescue scams are not new, and as we will see, they have changed over time. Resources built up over a lifetime have often been lost because these financial abuse perpetrators have convinced unwitting seniors to take their advice. With financial abuse on the rise, it is often the APS worker that first learns about these crimes, and quick action based on thorough knowledge about these types of scams may mean the difference between financial well-being and financial tragedy of the affected seniors. At the end of this module, Participants will be able to:

- Define quitclaim deed theft and foreclosure rescue scams
- Describe the indicators of the crimes
- Identify the steps to take in an investigation
- Identify partners in the field

Credits: OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

Financial Exploitation: Undue Influence
The undue influence mini-module explores undue influence, its relationship to financial abuse, indicators of undue influence, and information pertinent to investigating cases of alleged
financial abuse where undue influence may be a factor. At the end of the training, participants will be able to:

- Define undue influence
- Recognize the elements of undue influence
- Identify the steps to take in the investigation
- Identify partners in the field with whom to work the case

**Credits:** OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

**Financial Exploitation: Living Trust and Annuities Scams**
Living trusts and annuities are legitimate estate planning tools and/or documents that can be used legally for financial planning, or as a form of investment. Unfortunately, many unscrupulous persons have used them to defraud unsuspecting victims. In this eLearning, you will learn about living trusts and annuities, and how they may be used to victimize unsuspecting persons. At the end of this module, participants will be able to:

- Define an ‘inappropriate’ annuity and identify indicators that may result in financial abuse
- Define living trust scams and identify indicators that may result in financial abuse
- Identify steps to take in the investigation
- Identify partners in the field

**Credits:** OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

**Financial Exploitation: Reverse Mortgage Abuse**
While reverse mortgages are a legal financial tool that allows homeowners to take out a loan against the equity in their home and to receive advance sums against the future sale of the property, some of the aspects of reverse mortgages make this an undesirable option for some seniors. In addition, some unscrupulous reverse mortgage sellers may take advantage of seniors seeking reverse mortgages in order to secure large commissions for themselves, or to outright defraud customers of their funds. In order to protect clients, it is important to understand: what reverse mortgages are, when it is appropriate to pursue a reverse mortgage, and some tactics that unscrupulous sellers may use to take unfair advantage of, or defraud senior customers. At the end of this module, participants will be able to:

- Describe reverse mortgages
- Define reverse mortgage abuse
- Identify reverse mortgage protections
- Describe the elements of the crime
- Identify the steps to take in an investigation

**Credits:** OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

**Interviewing Skills for APS Workers (Parts 1, 2 and 3)**
This eLearning module is a three-part curriculum on Interviewing Skills for APS Workers. The purpose of part one of this course is to teach caseworkers how to prepare for an effective APS interview. In part two, caseworkers learn basic interviewing skills. Part three discusses how to structure a fact finding interview and how to best structure questions during an interview.

**Credits:** OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs)
Involuntary Case Planning in APS (Parts I, 2 and 3)
This eLearning module is part of a three-part curriculum on Involuntary Case Planning for APS Workers. The purpose of this eLearning module is to learn how to identify involuntary interventions and when their use is appropriate.

Credits: OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs)

Mental Health in Older Adults - Part 1
Part 1 is designed for APS workers who are unfamiliar with working with persons who are living with a mental illness or as a “refresher” in working with this population. It is intended as an introduction and to support on-going and additional study of mental health issues.

Credits: OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

Mental Health in Older Adults - Part 2
Part 2 is intended to be taken after the Mental Health in Older Adults - Part 1 eLearning. It is designed for APS workers who are unfamiliar with working with persons who are living with a mental illness.

Credits: OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

Physical and Developmental Disabilities
This eLearning course is designed to teach you about the unique ways in which APS workers may work a case with an individual with a physical, cognitive or developmental disability. At the end of the training, participants will be able to:

- Recognize how certain disability characteristics make a victim more vulnerable to abuse
- Recognize effective communication strategies to accommodate persons with disabilities

Credits: OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs)

Responding to Elder Physical Abuse and Neglect
This self-paced interactive eLearning brings together forensic research, geriatric medical information tailored for elder physical abuse investigators, and practical field skills. Learn to differentiate between suspicious and non-suspicious situations and develop your strategies for investigating when physical abuse is suspected. Upon completion of this training session, participants will be better able to:

- Recognize situations that constitute a medical emergency and know how to react appropriately
- Effectively document injuries using common medical terminology, descriptive case narratives, body maps and photography
- Differentiate between signs of physical abuse and common age-related changes
- Recognize situations where the victim or caretaker’s description of how injuries occurred does not match the injuries
- Evaluate whether injuries are likely to be the result of abuse when the victim is non-verbal or has other communication barriers

Credits: OHSTS (2 credits); Social Work (2 CEUs); Counselor (2 CEUs)
**Risk Assessment in APS**
Every day, APS staff are responsible for making determinations of clients’ safety and risk, which can be the most difficult aspects of their work. In this self-paced, interactive eLearning, participants learn to assess the severity, urgency and likelihood of harm occurring for a client across five domains. They will also learn the benefits and limitations of risk assessment tools and how to develop risk-reduction service plans to help improve clients’ safety, security, and quality of life.

**Credits:** OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs)

**Substance Abuse and Older Adults**
This e-learning course is designed for APS workers who are unfamiliar with working with persons with substance abuse issues or for workers who require a “refresher” in working with clients who have substance abuse issues. At the end of the training, participants will be able to:
- Define the scope of the problem of addiction amongst the mature population
- Apply the four diagnostic criteria that differentiate addiction from substance abuse
- Explain how addiction transmits its affect to family members through attachments and why all family members need services
- Use recovery programs and other resources are antidotes to ageism, isolation, societal denial, loss, grief and depression
- Use culturally appropriate and strength based intervention techniques to use with family members

**Credits:** OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs)

**The APS Intake Interview**
This self-paced interactive eLearning covers the materials regarding the initial interview of the reporting party that are presented in the instructor-led Initial Investigation class. Upon completion of this training session, participants will be better able to effectively determine whether a client meets APS criteria, to collect all material necessary for the APS worker to prepare for the interview and to warn the APS worker of possible safety hazards.

**Credits:** OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

**Voluntary Case Planning in APS**
This eLearning course is the first part of a two-part blended learning on Voluntary Case Planning for APS. Participants must complete this eLearning course before attending the in-person class. Participants will learn the basic components of determining the intervention needs and developing a safety plan for elder abuse victims and identify the factors that influence the victim’s intervention needs. They will learn strategies to work with the victim to develop mutually acceptable goals that will decrease the risk to the victim. And, they will learn to use a safety planning tool developed for use with elder abuse victims.

**Credits:** OHSTS (1 credit); Social Work (1 CEU); Counselor (1 CEU)

**Working with Self-Neglecting Clients (Parts 1, 2 and 3)**
In this 3-part eLearning, participants will learn to:
• Define self-neglect, its prevalence and indicators
• Distinguish self-neglect from other conditions
• Assess self-neglect in five domains
• Develop safety and risk reduction interventions for self-neglecting adults
• Document appropriate elements in self-neglect cases
• Identify community partners in self-neglect cases

**Credits:** OHSTS (1.5 credits); Social Work (1.5 CEUs); Counselor (1.5 CEUs)
Ongoing Specialized and Related Training for Caseworkers

**A Diversity of Beliefs (3hr)**
Do your elderly clients sometimes bring up their religious views to you? Often time diversity issues are uncomfortable to discuss, but perhaps the most sensitive inclusion issue presently is religious diversity. Such discussions with coworkers, clients or community partners require a respectful response to the issues of faith which may arise in the workplace. Attend to practice “speed-faithing” to learn a bit about the beliefs of others, and to become comfortable with posing culturally sensitive questions. Leave with a basic understanding of the world’s largest religions and how to have polite discussions about faith with older adults.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (3 credits); Social Work (2.75 CEUs); Counselor (2.75 CEUs)

**Advanced Interviewing Skills for the Helping Professional**
This workshop will explore methods to deal with dangerous interviewees, those with disabilities, and those with mental health issues that may affect vulnerable adults. Test your listening skills and practice “non-defensive” responses to defuse volatile others. Learn five magic questions to help build insight in your customer population. Participants are strongly encouraged to come with some examples of challenging interview situations.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Rita Rizzo  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Adventures in Attitude: Quality Conversations (3hr) *NEW***  
Being able to have “quality conversations” is important for successful communication. In this workshop participants will be introduced to strategies that include: why quality conversations are so important for professional and personal success, how one’s attitude can influence the communication process, what our communication styles are and various other techniques. Knowledge learned in this workshop will help participants increase success in how to communicate effectively with colleagues and clients served.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Kelly Mettler  
**Credits:** OHSTS (3 credits); Social Work (2.75 CEUs); Counselor (2.75 CEUs)

**American Heart Association Heartsaver First Aid – CPR.AED**
Heartsaver First Aid CPR AED is a classroom, video-based, instructor-led workshop that teaches participants critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. This workshop is video-led and teaches the lifesaving skills of Adult, Child and Infant CPR; including the use of the AED machine. In addition, participants will learn how to assist a victim who is choking. Skills are taught by using the AHA’s research-proven practice-while-
watching technique, which provides participants with hands-on CPR practice time. **This workshop is limited to 6 participants (APS and DJFS staff only) per session.**

**Suggested Audience:** APS and DJFS Staff at all levels  
**Approved Trainer:** Carilyn White  
**Credits:** OHSTS (6 credits) *Note: this course does not meet licensing board requirements for social work or counselor credits*

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**An Overview of Heroin and Opiate Addiction (3hr and 6hr) *NEW***

Tragically, opioid and heroin addiction have become commonplace in American society. While opiate and heroin addiction have many tragic outcomes, the addictive powers of these substances have created a crisis for social service professionals who serve older adults. Although most individuals associate heroin/opiate addiction with younger generations, the older adult population has unique characteristics that create vulnerabilities for substance use disorders of heroin and opiates. As such, social service professionals hold a vital role when working with aging consumers who are impacted by heroin/opiate addiction. Additionally, older adults are also victimized by relatives and associates who are using opiates/heroin. This workshop offers an overview of heroin and opiate addiction and its relevance with older adults. Specifically, this workshop identifies common trends associated with heroin and opiate use as well as the impact on the lives of older adults. Evidenced-based treatment strategies for opiate addiction will also be discussed within this educational workshop.  

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Brian Bethel  
**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)

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**APS Legal Framework and Non-Voluntary Interventions *NEW***

This workshop will review Adult Protective Service (APS) legal mandates and interventions which are unique to APS to protect older vulnerable adults from the adverse consequences of maltreatment. We will review the legal criteria required to petition Probate Court for a Protective Service Order. Key elements include the outcome of the APS investigation, the adult’s capacity and ability to consent for protective services and potential consequences to the adult if no action is taken. Attendees will learn when and how to effectively consider Protective Services Orders to protect high risk adults. In addition, we explore other civil legal interventions such as guardianship and civil commitment to best assist adults. The workshop will review the principles of APS, by further examining the elements of autonomy, choices, least restrictive alternative and mandate to protect the victim. Several case studies will be discussed with opportunities for participants to utilize their learning.  

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Sylvia Pla-Raith  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**Assessing Adult Protective Services Clients’ Decision-Making Capacity *NEW***

The purpose of this workshop is to assist Adult Protective Services professionals in identifying the factors that affect their clients’ decisional capacity, and to identify when to seek a professional evaluation. Trying to decide if clients have the ability to make informed decisions...
about their situations and care is one of the greatest challenges faced by APS caseworkers. In this workshop, participants will be better able to: define autonomy, capacity, and incapacity; understand factors that may influence client capacity; recognize signs and symptoms that indicate capacity issues; identify key questions and approaches used to screen client capacity, including working with special populations and identify implications for case planning as a result of a finding of limited capacity.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Kelly Mettler  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Attitude and Customer Service**  
This workshop examines customer service in a public agency and provides a clear understanding of the role the clients served play in an organization’s viability. Information and techniques are provided for servicing ‘internal’ and ‘external’ clients through face to face interactions, via the telephone, utilizing text or email messages, and through formal written communications. Participants will be able to describe the linkages between maintaining a positive attitude, practicing sound ethics and delivering quality customer service to clients.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Ruth McMonagle  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Avoiding ANTS (Automatic Negative Thoughts) *NEW***  
ANTS are those "Automatic Negative Thoughts" that bug your mind and hinder your relationships with working with vulnerable adults and their families. In this workshop, participants will be able to identify the 9 types of negative thoughts which infiltrate our mind and how it impacts one’s relationship with vulnerable adults. Come and explore practical and creative methods of exterminating these ANTs to help the worker improve his/her relationship with vulnerable adults and the impact of the quality of services provided.

**Suggested Audience:** APS Staff and all levels and APS Community Partners  
**Approved Trainer:** John Ward  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Basic Counseling Skills**  
This workshop focuses on the crucial skills conducive to every helping relationship. Topics addressed will include active listening skills; paraphrasing, reflections of content, reflection of feeling, open ended questioning and more. Participants will be exposed to a wide variety of problems where skills can be rehearsed and feedback received. Through this skill based workshop, staff will be better able to work with vulnerable adults who may have difficulty communicating their needs or current situation.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Janice Morabeto  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)
Building Client Responsibility, Motivation and Initiative
This workshop is designed for staff who would like to work with more responsible and motivated clients. Built around the concepts of responsibility and initiative, content in this workshop helps participants examine the results of excuse making and blaming, and presents practical “how-to’s” for building client responsibility, accountability and motivation. The concepts and principles presented are applicable to all levels within an organization, with an emphasis on effective ways interacting with vulnerable adults and the senior population.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Ruth McMonagle
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Calming the Chaos: Keeping Your Cool When Things Get Hot!
Out of nowhere, a routine client interaction can become an unexpected firestorm of negative emotions thrown at us. Our worst reaction is to fire back in defense, matching their negative emotion. Learn what to do when things get out of hand and tense situations need to be diffused. Learn to take the heat while maintaining your cool and work with clients to resolve conflicts and develop peace treaties. By understanding the sources of anger, staff will be able to provide services that that best meet their client’s needs.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Anthony President
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Caseworker Interviewing, Problem Solving and Crisis Intervention
Sorting through the “CLUES” of family function and dysfunction could put, even the producers of Colombo and CSI into a tizzy. Participants will be presented with several effective interviewing techniques, and offer suggestions that APS caseworkers might suggest to help individuals and families involved in serving vulnerable adults and their families to help them resolve their unique problems. This workshop will examine the dynamics of crisis and offer suggestions for crisis counseling and verbal de-escalation.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Brian Lowery
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Chill Out: Managing Your Anger and Theirs
This workshop helps participants explore what makes them and their clients angry. Participants will discover their own anger triggers and how to counteract them. They will also learn how to deal with angry and aggressive adults and how to defuse potentially violent situations.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Edward Petrish
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Chronic Pain and Addiction (3hr) *NEW*
Participants will learn about how chronic pain can lead to addiction, the differences between someone with chronic pain who is addicted and the person with chronic pain who is “only”
physiologically tolerant. The DSM IV TR to DSM 5 transition will be discussed as the section on substance has changed to accommodate chronic pain folks. Ways to assess and treat these issues will also be reviewed. At the conclusion of this workshop, participants will:

- Gain an understanding of what leads a chronic pain client to overuse;
- Gain an understanding of the differences between the chronic pain addict and the person with a tolerance to medication; and
- Review assessment and treatment options.

**Suggested Audience:** APS Staff and all levels and APS Community Partners

**Approved Trainer:** Jennifer Haywood

**Credits:** OHSTS (3 credits); Social Work (2.75 CEUs); Counselor (2.75 CEUs)

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**Civil Rights Compliance: Respecting Their Rights (3hr and 6hr)**

The Civil Rights Act of 1964 serves as a legal and moral guidepost for public or private non-profit agencies, including those providing services to the elderly, mentally challenged, disabled and other Protected Class clients and their families. This workshop provides an overview of this landmark act and the key objectives for Agency Staff to help ensure the equal treatment of all persons receiving county services by maintaining compliance with Federal Civil Rights laws and requirements. Staff who provide services to vulnerable adults will benefit by learning ways to avoid the 3 types of discrimination in the provision of service to venerable adult clients with limited English proficiency, physical and mental handicaps, the aged, as well as those who present other diversity characteristics.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Anthony President

**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)

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**Coaching Your Clients to Success**

Any great team is headed by a great coach, a leader who can provide instruction and correction in a manner that supports the self-esteem needs of their players. Participants will learn to apply a coaching approach to casework that supports the self-efficacy of vulnerable adults by encouraging them to believe in and realize their own potential for success and how to put that potential to action.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Anthony President

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**Communicable Diseases**

Do you hesitate to shake someone else’s hand? When you are in a crowded place and someone sneezes do you worry about becoming ill? This workshop discusses hand washing techniques, cleaning and disinfecting your home and office, food selection and preparation, the importance of immunization, the impact and correct usage of antibiotics, pets to people disease processes, why to avoid contact with wild animals and will give disease specific information about the most common communicable diseases. Come for an interactive day of training and go home with your questions answered.

**Suggested Audience:** APS Staff at all levels and APS Community Partners
**Approved Trainer:** Rita Rizzo  
**Credits:** OHSTS (6 credits); *Note: this course *does not* meet licensing board requirements for social work and counselor credits

**Communicating Customer Service**
Effective Customer Service is an essential part of Social Work. Best practice and best ethics dictate that both internal and external clients receive quality services that meets needs and exceeds reasonable expectations. This workshop addresses how staff can more effectively provide quality customer service by learning who are internal and external customers; the role of diplomacy in providing service to vulnerable adults and their families; how to effectively use humor and tone of voice, and understand the importance of empathy in providing quality customer service. Participants will learn strategies of communicating quality customer service today and improve their service performance.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Anthony President  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); *Note: this course *does not* meet licensing board requirements for counselor credits

**Communicating with Confidence**
Participants learn techniques that will enable them to speak with authority, listen with empathy, and lay the foundation to be heard, understood, and responded to favorably by others. Workshop objectives include exploring the dynamics involved in fostering cooperation; appreciating the benefits of assertiveness skills; working on skills for managing emotional responses of those in stressful situations; and responding to criticism with integrity and confidence.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Communication Enhancement (3hr and 6hr)**
This workshop examines the communication process and explains why even the most straightforward message can result in misunderstandings. Take a brief listening quiz to find out what sort of information you tend to listen to best. Appreciate the factors that influence communications such as nonverbal cues, conversational context, use of time, and feedback foibles. Recognize the hidden barriers to fostering understanding and cooperation. Participants will leave with increased confidence in your ability to target your message to the behavioral style of the listener, thereby improving your changes at being understood.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)

**Conducting Safe Home Visits**
Do you visit your client’s homes? Do you know how to keep yourself and your client safe during your visit? One in four workers will be attacked, harassed, or threatened on the job, yet
Workplace violence is preventable, even when you are on their turf. Because episodes of violence are hard to predict, it is advisable for all workers to possess skills in detecting potentially disruptive situations and defusing them. This workshop will present both organizational and individual strategies that can be implemented in social service settings to curtail violent episodes. The Violence Cycle, when and how to interrupt it, will be discussed. Come prepared to tell your own “war stories” and increase the skills and knowledge you need to keep yourself and others safe at work. Leave knowing how to keep yourself safe during home visits, and how to prevent yourself from becoming a victim of crime.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Rita Rizzo, Lou Vincent

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Conflict Management for Case Managers**
This skills-oriented workshop focuses on conflict as a normal aspect of the changing workplace and the ways in which such conflict can become an opportunity for improving relationships and enhancing effectiveness. In this workshop, APS caseworkers and managers will learn to understand the dynamics of conflict and how to assess one’s own approaches to dealing with conflict and learn how to use conflict as a problem solving technique.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Ruth McMonagle

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Creative Compromise: Conflict Management**
Conflict is inevitable but it can be managed. In this workshop, participants will learn how their own behaviors contribute to conflict and how to avoid them. Participants will learn how to prevent arguments and power struggles using cooperative communication when working with vulnerable adults and their families. They will also learn how to maintain control without anger, threats or stress.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Edward Petrish

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Cultural Competence with Muslim Clients in Human Services (3hr and 6hr)**
America’s elderly population is growing in number and also growing in diversity. Muslim Baby Boomers number in the hundreds of thousands and will continue to drastically increase in the coming years. This workshop explores Islam, the religion of the Muslims and the cultural implications for Human Service Workers who service Muslim families. Increase cultural awareness and understanding by learning the basic beliefs of Muslim, highly held family values and culturally sensitive intervention strategies to more effectively engage and serve Muslim clients and their families.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Anthony President

**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)
**Cultural Issues in Domestic Violence**

This workshop examines domestic violence within the interconnections of race, culture and class, and in intimate partner violence (domestic violence), and domestic violence affecting vulnerable adults. Within representative case studies, the workshop will define violence and risk factors. It will also review the most common psychological problems associated with violence, including substance abuse, depression, suicide attempts and physical health problems. Additionally, the workshop explores prevention, intervention and advocacy options from research, community-based and feminist perspectives. Further, the workshop assesses cultural filters and misunderstandings when helping professionals consider domestic violence, and explore the following questions:

- How do women of color explain the batter’s behavior?
- How will explaining intergenerational dynamics help us understand violence against vulnerable adults?
- Why don’t women and vulnerable adults “just leave”?

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Dan Houston  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Cultural Sensitivity and Competence**

Attending to small matters of protocol can heighten trust, build rapport and increase understanding between those with different speaking and listening styles. This workshop will help participants develop an increased knowledge and an opportunity to better assist a diverse population of under-served, vulnerable adults.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Anthony President  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Culturally Sensitive Interviewing Skills**

Are you being asked to conduct performance reviews, selection interviews, employee counseling sessions, client interviews, or employee coaching sessions with others of a different culture than you? All of these conversations require a knowledge and command of culturally sensitive interviewing skills. This workshop examines methods to establish rapport, increase cross-cultural understanding, and ferret out the information you need to make decisions in an inclusive organization. Come and learn how to communicate more effectively with others who are aging and vulnerable, persons with disabilities, people who are dangerous and persons who speak English as a second language.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Customer Service: Dealing with Difficult Customers**

This workshop equips the helping professional with talking methods and strategies to address the five most common types of difficult people. Learn how to elicit cooperation, establish understanding, and defuse resistance through the use of non-defensive talking approaches.
Come prepared to discuss a situation that you have been involved with where escalating emotions prevented you from doing your best work on the phone or in person with a difficult client and his or her family.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Dealing with Toxic Co-Workers**  
It’s no secret that productivity, staff morale, and service to clients is at its highest when everyone is working effectively as a team and practicing basic tenets of appropriate behavior and interaction. Unfortunately, this is not always the case due to the disruptive behaviors of difficult co-workers – behaviors which contaminate attitudes and negative impact interpersonal relationships and services to clients and families served by Adult Protective Service staff. This workshop will provide an in-depth examination of the types of ‘toxic’ workers; a framework for understanding the disruptive behaviors; an identification of some of the factors that contribute to or enable their behavior; and identify specific strategies for responding appropriately whether you are a co-worker or supervisor.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Ruth McMonagle  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Delving Into Elder Sexual Abuse *NEW***  
The World Health Organization defines elder abuse as a “single or repeated act, or lack of appropriate action, occurring within any relationship where there is an expectation of trust, which causes harm or distress to an older person.” Sexual abuse is considered a subset of elder abuse. The intent of this workshop is to equip participating professionals with the information, skills and strategies needed to allow for client-focused assistance to sexually abused elders of any sex, race, gender expression or sexual orientation. To fulfill its intent, this interactive workshop will utilize videos, actual case scenarios, group activities, small and large discussions. By the end of this training, participants will:

- Know prevalence and characteristics of sexually abused elders in Ohio  
- Recognize and acknowledge the power and control dynamics of elder abuse  
- Recognize signs of elder sexual abuse  
- Know elder survivors’ understandings and perspectives of having been sexually abused  
- Know how to use “secure silence” as an interviewing technique  
- Know how to assist survivors with decision making by utilizing APS Principles and Guiding Practices  
- Be aware of survivor healing over the lifespan strategies  
- Identify ways to respond to abuse with culturally appropriate interventions  
- Identify interdisciplinary approaches and collaboration

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** CeCe Norwood  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)
**Diogenes Syndrome and Hoarding Disorders in the Elderly**

Diogenes syndrome, self-neglect and hoarding adversely impacts not only the elderly adult; but also those living with the elderly individual. Therefore, it is important for caregivers, social workers and those caring for the elderly population to understand the Diogenes syndrome, self-neglect and hoarding disorders. This workshop will explore each disorder and the associated health risks, mental health issues and consequences that can occur with each disorder. Participants will become aware of the interventions for assisting the elderly adult, including skills trainings, cognitive and behavioral methods.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Carilyn White  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**Domestic Violence: From Victim to Survivor (3hr and 6hr)**

Domestic violence can occur in the lives of a diverse range of people including the elderly population. The young and the old, male and female, heterosexual and homosexual, can all be victims of violent acts in their home. This workshop will test your knowledge of domestic violence, identify types of abuse, and discuss how it impacts on special populations such as the elderly. Participants will understand why domestic violence occurs and how to help victims transition to survivors. Safety planning, empowerment, support and resources needed to aid in the transition will be explored.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Rita Rizzo  
**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)

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**Domestic Violence in Later Life *NEW***

Researchers conducting the 2010 National Elder Mistreatment Study, published in the American Journal of Research, discovered that the majority of physical violence against individuals ages 60 years and older was perpetrated by a partner. The same study suggests that one in ten older adults experiences one or more forms of violence, abuse, neglect, or exploitation. As 10,000 baby boomers turn 65 every day, it is imperative that protective service workers and their communities commit to meet the needs of older survivors of domestic violence and the relevance of compounded trauma. The intent of this workshop is to equip participating professionals with the information, skills and strategies needed to improve identification of DV in Later Life and offer survivor-centered, safety-oriented and trauma-informed responses. To fulfill its intent, this interactive workshop will utilize videos, actual case scenarios, group activities, and small and large group discussions. By the end of this training, participants will:

- Understand the interrelationship between domestic violence and elder abuse;
- Recognize common dynamics of domestic violence perpetrated against older victims;
- Understand key principles and best practices for safe interventions with perpetrators and survivors of domestic violence;
- Identify appropriate services, resources and essential action steps for working with older survivors.
**Emotional Intelligence Matters**
Years of study have found that today’s workers need much more than ‘technical’ skills. Daniel Goldman, Robert Cooper and Robert Kelley have coined the term “Emotional Intelligence” and their years of research defined the characteristics and traits found repeatedly in high performers. By the end of this workshop, participants will know the definition of emotional intelligence and understand its benefits and challenges when working with abused, neglected, or exploited older adults; be able to identify personal strengths through application of the Five Emotional Intelligence Dimensions; and be able to define the core values of the ‘helping’ profession and how these can be more strongly impacted utilizing emotional intelligence with changing client populations, including the aging population.

**Suggested Audience**: APS Staff at all levels and APS Community Partners  
**Approved Trainer**: Ruth McMonagle  
**Credits**: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Empowering the New Poor: Understanding Poverty from a Strengths Based Perspective**
Approximately one out of every nine Americans lives below the poverty line (Schaefer). Americans who live in poverty tend to be more vulnerable to some societal risk due to limited resources. Along with risk, living in poverty can also teach resilience. Resilience can be leveraged to help clients living in poverty overcome the obstacles in their lives. This workshop explores the basic building blocks of resilience and how human service staff can help vulnerable adults identify and develop the characteristics of resilience as a mechanism to overcome adversity.

**Suggested Audience**: APS Staff at all levels and APS Community Partners  
**Approved Trainer**: Anthony President  
**Credits**: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Engaging the Customer to Enhance Case Management Outcomes**
Case management is more than just filling out forms and keeping case files in order. In order to provide meaningful help to the vulnerable and elderly population you serve you need great interviewing and rapport-building skills, a keen eye for opportunities that will enrich the lives of your clients, and a true investment in the success of every person who enters your office. This workshop will cover topics of case planning, recording, client coaching, purposeful interviewing skills, and providing meaningful cross-cultural support to those who depend on you to help sustain and improve the quality of their lives.

**Suggested Audience**: APS Staff at all levels and APS Community Partners  
**Approved Trainer**: Rita Rizzo  
**Credits**: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)
**Ethical Dilemmas, Difficult Life Decisions** *NEW*

A guardian’s decision-making for an adult with diminished capacity can lead to a number of difficult ethical situations. National Standards of Practice and Ohio Supreme Court’s Rule 66 provide guidance about the ethical principles guardians should use. These principles will be discussed, as well as the legal concepts of substituted judgment and best interest. Group discussion of specific case scenarios will be conducted utilizing these legal concepts and ethical principles. Groups will then report back to the full group for additional discussion, question and answer time. By the end of the course participants will be able to:

- Distinguish between the legal decision making concepts of “substituted judgment” and “best interest.
- Identify and use the ethical principles for guardians contained in the National Standards and Supreme Court Rule 66.
- Understand when seeking guardianship might address an ethically difficult situation for a vulnerable adult.
- Experience the sometimes ethically difficult situations that guardians may face.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Julia Nack  
**Credits:** OHSTS (3.25 credits); Social Work (3 CEUs); Social Work Ethics (3 CEUs); Counselor (3 CEUs); Counselor Ethics (3 CEUs)

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**Ethics are Forever**

There are two common misconceptions regarding ethics in today’s society. Our exposure to the “situational ethics” of some creates the impression that ethics can be used conveniently rather than consistently. A second problem is that employers often think that a written Code of Ethics will foster ethical behavior. This workshop is designed to dispel those myths and will focus on how to apply ethics to the daily decisions you make as a helping professional and a customer-driven agency.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Social Work Ethics (3 CEUs); Counselor (5.5 CEUs); Counselor Ethics (3 CEUs)

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**Everyday Ethics for Human Service Workers** *(3hr and 6hr)*

Every day, Human Services staff are responsible for what they do, fail to do, and what they influence others to do. It is essential that sound ethics guide our everyday behavior and performance in our work duties. Learn the social work values that can help us make ethical decisions throughout our workday; the 4 common unethical behaviors that even well intentioned workers may make and useful strategies to test our decisions before we take action to ensure ethical outcomes.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Anthony President  
**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); *Note: this course does not meet licensing board requirements for ethics credits*
Financial Exploitation and Undue Influence (3hr) *NEW*

Elder financial exploitation is an ever-growing and devastating societal problem that not only hurts the victim, but also negatively impacts their families and the community at large. This workshop will address the complexity of elder financial exploitation, the legal mechanisms available to resolve particular cases, the weaknesses in those mechanisms available, and the need for multidisciplinary approaches to collectively responding to elder exploitation. Participants will be educated about the roles and responsibilities of an Adult Protective Services investigation versus that of a criminal investigation. We will address the concepts of informed consent, capacity, deception and undue influences and their impact on case investigation and persecution. Participants will have an increased awareness of the various types of elder financial exploitation and what they can do to intervene to protect their clients from these crimes. By the end of this workshop, participants will:

- Know the definition of elder financial exploitation
- Know the revisions to the Adult Protective Services laws
- Understand the parallels of a civil and criminal investigation
- Understand how to develop strategies for conducting effective investigations
- Understand how to develop strategies for building effective collaboration

Suggested Audience: APS Staff at all levels and APS Community Partners

Approved Trainer: Sylvia Pla-Raith

Credits: OHSTS (3 credits); Social Work (2.75 CEUs); Counselor (2.75 CEUs)

From Confrontation to Collaboration

When conflict arises with clients or service providers we have two choices; dread the occurrence of conflict or welcome it with open arms. While welcoming conflict may seem strange, those who understand the benefits of resolved conflict tend to have a more positive attitude about conflict and are more productive at managing it for results. By the end of this workshop, participants will understand why most people find conflict difficult and the benefits to resolving conflict; and will learn tools and strategies for effectively resolving conflict and building collaborative relationships with clients and colleagues.

Suggested Audience: APS Staff at all levels and APS Community Partners

Approved Trainer: Anthony President

Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Note: this course does not meet licensing board requirements for counselor credits

Gangs, Cliques, and Crews

Vulnerable adults are at risk of manipulation and victimization by family members who are involved in gang activity and move in with the vulnerable adult. APS workers who service vulnerable adults in the community must be able to assess possible gang activity in the client’s home in order to protect them. This workshop deals with assisting participants in understanding indicators of gang activity, awareness of gang signs, symbols, methodology, and threats to client and worker safety, and how to devise a safety plan that involves law enforcement, responsible family members and community supports.

Suggested Audience: APS Staff at all levels and APS Community Partners

Approved Trainer: Anthony President
Human Trafficking: Modern Day Slavery
Human Trafficking has received increasing attention in recent years. Ohio has gone from a state where very little was understood and little public policy addressed the issue to identifying a growing number of victims within our state. This workshop will provide an in-depth look into human trafficking and help participants become familiar with what victims experience. Participants will learn observation skills to determine questions to ask vulnerable adults and assist with identifying and assisting victims of human trafficking.

Suggested Audience: APS Staff at all levels and APS Community Partners

Approved Trainer: Ken Lawson

Interpersonal Conflict: Dealing with Difficult Behaviors in the Professional Setting
This workshop focuses on identifying, and understanding coworkers and vulnerable adult populations who display difficult behaviors. Using learning activities, the workshop will explore ways to act and feel when faced with individuals and clients who “drive us nuts.” By using evidence-based practices, participants will become more self-aware and uncover why coworkers and vulnerable adults exhibit unwanted behaviors. They will also explore effective tools to not only minimize the effects of the behaviors, but to help individuals understand that more productive behaviors might help one meet six basic human needs.

Suggested Audience: APS Staff at all levels and APS Community Partners

Approved Trainer: Dan Houston

Interviewing Those with Age Related Disabilities
Getting clear and accurate information from social service clients can be challenging regardless of their age or state of wellness. It is especially difficult to conduct an effective interview with a person who is both aging and has a significant impairment as well. This workshop addresses the respectful way to regard and treat people with disabilities, and gives specific instruction as to how to effectively gather information from individuals who are elderly, physically disabled, or experiencing dementia, or mental health issues. This highly interactive workshop will help participants hone skills and share experiences. Leave with some new ideas as to how to be successful in assisting every interviewee you encounter.

Suggested Audience: APS Staff at all levels and APS Community Partners

Approved Trainers: Rita Rizzo, Lou Vincent

Is Poverty Culture?
The goals of this workshop are to provide information and profiles on adults and families living in poverty, while enhancing skills of workers, supervisors and managers in engaging families, to provide strength-based helping strategies and to create climates of mutual respect and mutual purpose that empowers adults and families to solve problems associate with poverty. Participants will examine the how and why people view clients in poverty from a deficit approach rather than strengths based approach. The workshop explores a framework for
developing strategies to enhance the profession's ability to work with individuals living in generational poverty.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Dan Houston  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Keeping Vulnerable Populations Safe in Cyberspace**
Loneliness, social isolation, mental challenges and lack of internet savvy can put vulnerable clients at risk for identity theft, financial exploitation, internet scams and internet addiction. Also, workers who engage in online relationships with clients and their families put them at risk for confidentiality breeches and dual relationship boundary crossings. This workshop deals with internet maladies and what workers can do to help protect vulnerable population clients who use computers to bank, surf the net and social network. Participants will understand why vulnerable population clients may be more of a target by cyber predators than typical adults.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Anthony President  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Keeping Your Office Space Safe**
Learn the secrets to staying safe by identifying the nine (9) profiles of potentially violent employees, violence triggers, and survival strategies to use in the face of office violence.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Anthony President  
**Credits:** OHSTS (6 credits); **Note: this course does not meet licensing board requirements for social work or counselor credits**

**Loss and Grief**
Everyone experiences loss of all kinds. All loss is difficult to experience and each of us handles it differently. Everyone grieves differently. Grieving is a process; a process through which we express our feelings about our loss. This workshop will discuss the various types of loss, the many reactions to it and the stages of both grief and recovery. Suggestions will be given for healthy, effective methods of coping with loss, including the importance of humor.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Karen Vadino  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Make the Right Decision**
A manager was once overheard telling an employee, “I don’t know what you should do, but be sure you do the right things!” This workshop explores group and individual critical thinking strategies, decision-making, problem solving and judgment-making skills and techniques. Attend to learn how to weigh options, explore alternatives, gather pertinent information, and brainstorm effective solutions to even the stickiest problems.

**Suggested Audience:** APS Supervisors and Managers  
**Approved Trainers:** Rita Rizzo, Lou Vincent
Managing Your Moral Compass in Serving Vulnerable Adults
Each interaction with clients, coworkers, and community partners can present an ethical dilemma in Human Services work with vulnerable populations. It is critical that staff have a moral reference point to help decipher what is ethical practice and what is not. This workshop deals with the fundamental social work values and standards that staff can use in the ethical decision making process. Participants will learn about useful strategies to test decisions before actions are taken to insure ethical outcomes in all workplace interactions.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Anthony President
Credits: OHSTS (6 credits); Social Work (5.5 CEUs)

Mediation with Vulnerable Adults: A Practicum in Negotiation
Mediation has long been known to be an effective approach to bridge gaps among family members and can be especially helpful when used with vulnerable members; encouraging listening, engagement and problem solving. When used effectively, mediation can uncover hidden strengths of the parties involved and help them to move quickly toward conflict resolution. This training will provide the worker with the principles and practices of the mediation process, and help them to build their skills in helping their clients attain win-win situations.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Janice Morabeto
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Motivational Interviewing: Preparing the Elderly for Change
APS Caseworkers are frequently challenged by a client’s lack of motivation to change negative behaviors, which have contributed to risk to their health and safety. This is particularly true in the case of individuals who are struggling with substance use disorders. Motivational Interviewing is an evidence based counseling style which adopts a brief intervention format, using critical elements that serve as catalysts for motivation and change. Motivation Interviewing addresses how to strengthen client intrinsic motivation to change and reduce ambivalence. This workshop serves as an introduction to Motivational Interviewing and gives participants the basic tools necessary to incorporate this intervention into their practice.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Brian Lowery
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Never Be Lied to Again
In this workshop participants learn useful techniques and develop skills for improving investigations by detecting lies during verbal communications. The training is focused on the following learning objectives: the three reasons why people lie; the two forms of lying; four factors involved in lying; seven keys for detecting deceit; and non-verbal clues to deceit.
Participants view video examples of the techniques and exercises, practice these identification skills and examine how they could be helpful to the investigation process.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Edward Petrish

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Never Be Lied to Again Part 2 – Still Being Lied To**

Adult Protective Services workers will learn the verbal clues to determine if the elder adult has been neglected or exploited. Income maintenance, child support workers, and investigators will learn the clues to detect when clients are lying about jobs, income, or people living in the home. All attendees will learn useful techniques and practice skills that will help them detect lying, no matter who the client is. Participants will learn:

- Guidelines for detecting verbal deceit
- The verbal qualities involved in deceit
- To recognize the words & phrases that signal deceit
- The verbal tools that liars use
- How to structure questions in order to prevent deceit

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Edward Petrish

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Over the Line – Ethics and Boundary Issues in Social Media and the Real World**

Can establishing a working relationship using affinity and positive regard morph into friendships with clients and their family? Once friendship is established, can it then morph into feelings of loyalty, romance or obligation that could cloud professional judgment? Where should APS workers draw the line between personal and professional relationships? This workshop explores the often blurred lines of the five categories of boundary issues and strategies to effectively maintain ethics, protect clients from harm and protect professional judgment in the real world and the cyber world.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Anthony President

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); SW Ethics (3 CEUs); Counselor (5.5 CEUs); Counselor Ethics (3 CEUs)

**Overview of Mental Health and Mental Illness**

This workshop is designed to provide an overview of the types of mental illnesses that staff may encounter when working with vulnerable adults and their families. Participants will become aware of the obstacles facing the mentally ill, techniques for interaction with individuals diagnosed with mental illnesses and effective treatments for mental illnesses. This workshop will also inform participants about the possible problems encountered.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Ruth McMonagle

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); *Note: this course does not meet licensing board requirements for counselor credits*
Overview of Mental Health Issues in Adults
This workshop will identify the mental illnesses frequently seen in adults and will give the learner a thorough overview of the behaviors associated with each mental illness. Risk factors associated with these disorders inherent throughout the lifespan will also be discussed. In addition, mental illnesses will be examined in the vulnerable adult as it relates to the bio-psycho-social risk and resiliency factors and what worker can do to provide needed supportive psycho-social interventions for those at risk.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Janice Morabeto
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Positive Assertiveness Skills
This workshop will help you build self-confidence by becoming more aware of the primary interpersonal communication response styles, as well as present ways for developing communication skills that are effective, positive and this workshop will help to develop an increased knowledge and an opportunity to better assist a diverse population of underserved, vulnerable and/or older adults.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Ruth McMonagle
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Positive Attitude, Customer Service and Ethics in Social Work
A positive attitude about our clients and coworkers is essential to achieving sound ethics and practicing good customer service in the field of Counseling/Social Work. In this workshop participants will explore how the three components of the attitude (cognition, emotion, behavior) can help to drive ethical decision making and the delivery of quality customer service to both internal and external customers to create a more positive agency environment for all – “...greater expectations to show empathy and friendliness towards customers all related to employees feeling efficacious and accomplished at their jobs” (An Emotional Labor Framework for Predicting Burnout – Penn State University).

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Anthony President
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Social Work Ethics (5.5 CEUs); Counselor (5.5 CEUs); Counselor Ethics (5.5 CEUs)

Power, Gender and Identity
This decade has brought with it a bundle of confusion regarding gender roles and responsibilities. It appears both men and women are looking for ways to identify themselves, and influence the opposite sex in constructive and lasting ways. This workshop explores the way in which men and women identify themselves, and how they use gender based skills to influence the thinking and behavior of others. Participants will discuss gender issues that may arise within the elderly population as they must adjust to male nurses, female doctors, and other caregivers who are serving seniors in non-traditional gender roles.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Rita Rizzo, Lou Vincent
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Prescription Pain Pills and Heroin Hurt
In May 2011 the Ohio Governor signed a bill cracking down on “pill mills.” These dispensaries, advertised as “pain management clinics,” were out of control. In 2008 Ohio pharmacists filled 2.7 million prescriptions for “high-powered painkillers such as OxyContin and Percocet,” nearly one for every four people in the state. Although this law has taken a bite out of the prescription drug trade in Ohio, it has also created a new market, one for heroine dealers. Heroine is the most effective painkiller in existence, and it has filled in the gap left by the clamp down on prescription drugs. Attend this workshop to learn more about the state of our state as it pertains to heroin and prescription medication abuse.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Rita Rizzo, Lou Vincent
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Put Some Social In Your Service
According to research, each person primarily uses one or a combination of four unique communication styles (Boise State University). The communication style determines how we prefer to give and receive information, and the verbal and nonverbal behaviors we favor most. While each style has its own strengths and weaknesses, breakdowns in communication typically occur when styles clash. This workshop focuses on strategies to better engage vulnerable populations to form more effective helping relationships by avoiding communication style clashes.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Anthony President
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Seniors Can Be Bullies Too (3hr and 6hr)
When you hear the words “senior citizen” does it conjure up images of sweet tempered silver haired individuals who are determined not to be a burden to others? Not all seniors fit this stereotype. Some are ill-tempered, controlling, irrational and even violent, and they provoke fear in others who must live in close proximity to them. This workshop addresses the issues of seniors who bully their peers. Come to learn why senior bullying occurs, who tends to be the target, how to identify both perpetrators and victims, and how to intervene in situations involving senior bullying.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Rita Rizzo, Lou Vincent
Credits: OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Note: this course does not meet licensing board requirements for counselor credits

Street Drugs: Chemicals that Destroy Minds and Lives
The use of street drugs has reached epidemic levels and is affecting every sect of the US society. Older adults are using and becoming dependent upon some of the strongest street drugs more
quickly and pervasively than ever before through misuse. This workshop will discuss the most common licit and illicit drugs of abuse including opiates, psycho-stimulants and synthetics. Topics will include short and long term effects on mind and body, routes of administration, addictive potential and paraphernalia often associated with the use of these drugs. Treatment recommendations will also be identified related to the phases of abuse and dependency.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Janice Morabeto  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Substance Abuse, Chemical Dependency and the Elderly**
Drug and alcohol abuse takes an enormous toll on the elderly and their families. This workshop will give staff an understanding of substance abuse and chemical dependency and how it affects the family, including the vulnerable elderly. Through case studies, we will examine risk and protective factors to help determine optimal interventions.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Brian Lowery  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Success Working in the Multi-Generational Workplace**
Today, our society is composed of people who represent four different generations. Each generation has its own set of values, standards and communication preferences. Effectively engaging APS clients, co-workers and community partners requires a working knowledge of generational diversity. This workshop deals with understanding the four generations in the workplace: Traditionalist (Matures) 1900-1945, Baby Boomers – 1946-1964, Generation X – 1965-1980 Generation Y (Millennium) 1980-Present. We will explore the culture of the four generations and how these generations can work together more effectively. We will look at the evolution of the generations, how they overlap and the barriers that causes misunderstanding in communication and the overall working relationships.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Anthony President  
**Credits:** OHSTS (6 credits); Note: this course does not meet licensing board requirements for social work and counselor credits

**Teaming with the Aggressive Client**
Aggression is anger in action. The angry client uses aggression to do or get what they want. The aggression occurs as a response to frustration, a perceived form of psychological stress. One approach to diffusing a client’s aggression is communicating synergy in our casework practice. This workshop deals with the concept of using synergy (goal centric teamwork) between social service workers and their clients. Participants will learn the root cause of client’s aggression and why clients may feel they need to use aggression and useful strategies to help clients transform the energy from aggression into energy for service plan completion. This workshop will also help to develop an increased knowledge and an opportunity to better assist a diverse population of underserved, vulnerable older adults.
**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Anthony President  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); *Note: this course does not meet licensing board requirements for counselor credits*

**The Art of Listening and Confronting Conflict**  
We will discuss practical applications that will help you restore and deepen stalled or conflictive relationships with staff, vulnerable adults and others. You will learn how to ask helpful questions that yield fresh insight. You will discover how to improve your ability to help others by becoming more genuine, focused, and confident in your confrontations with others. You will also learn essential skills for handling emotionally charged people and circumstances gracefully.

Lastly, discussion will occur in the area of learning how to break through barriers with the vulnerable adult population, communicate empathy, and show understanding and respect. At the conclusion of this session, participants will:

- learn the power of being a good listener and improve their ability to use warmth, empathy and respect with other people  
- learn how to be free of the need to play stereotyped roles and to improve their ability to help others by becoming more genuine  
- define and identify areas of conflict and their styles  
- be able to be focused, and confident in confrontations with others

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** John Ward  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**The Basics About Adult Guardianship in Ohio *NEW***

This course will begin with discussion of the doctrine of “informed consent” and its origins historically. The remaining focus will be on procedures required to obtain a guardian for an adult with diminished capacity in Ohio. There will be discussion of Ohio’s guardianship law and procedural requirements as well as description of the various types of appointments the court can make. The new Supreme Court Rule 66 requirements for courts and guardians will be discussed. Cautions about guardianship for adults and brief descriptions of less restrictive alternatives will also be presented. By the end of the training, participants will:

- Understand the doctrine of “informed consent” and why it is important in decision making for an incapacitated adult;  
- Identify the court procedures required to obtain a guardian;  
- Describe the different types of appointments available under Ohio law;  
- Learn how Supreme Court Rule 66 has changed requirements for courts and guardians;  
- Discuss less restrictive alternatives and cautions about guardianship for adults.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Julia Nack  
**Credits:** OHSTS (3 credits); Social Work (2.75 CEUs); Counselor (2.75 CEUs)
The Culture of Disrespect
It seems that no matter where you look today, there are glaring examples of disrespect in our society. From the nursing home to the playground, people of all ages are abandoning civil behavior in favor of “keeping it real.” Disrespect for your elderly and vulnerable clients becomes more commonplace daily. This workshop will explore issues of bullying, the contagious nature of disrespect, and how it impacts teambuilding, service delivery, worker esteem and job satisfaction. Come prepared to discuss how disrespect has impacted the quality of your work life and the daily lives of the clients and their families you serve, and bring along some thoughtful suggestions about how we can make a positive impact.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Rita Rizzo, Lou Vincent
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

The Culture of Poverty (3hr and 6hr)
At times it may appear that the poor are invested in staying poor. It seems their decisions, judgments and attitudes serve to keep them stuck in poverty. This workshop addresses the norms, traditions, behaviors, values and survival skills employed by the impoverished and explains how the impact of generational poverty affects behavior and thinking. Perhaps not everyone is enthused about joining the middle class. Come and find out why.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Rita Rizzo, Lou Vincent
Credits: OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)

The Nature of Privilege
Privilege and dominant status may operate in an individual, team or circumstance, yet outside of conscious awareness. Privilege may be taken for granted as the natural way of things. Concepts to be discussed include: unconscious privilege, assumptions, dominant status, internalized oppression, fragility, bias and discrimination. Learn to recognize when privilege is operating to disempower others and how to shift the dynamic toward equitable and collaborative relations. Become aware of concepts and strategies to assist you in becoming an ally to those vulnerable adults who need to access privilege that is currently eluding them and stifling their efforts.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainers: Rita Rizzo, Lou Vincent
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

The Role of APS in Questioning Capacity Versus Competency *NEW*
Mental capacity is complex, multidimensional, and affected by many factors. Adults can be mentally incapacitated for a multitude of reasons, including cognitive impairment, psychosis, alcoholism, and severe developmental disabilities. Assuming capacity when that person does not can result in significant harm, including life-threatening situations. APS professionals serving vulnerable adults carry a heavy responsibility to avoid premature and unsupported conclusions regarding a client’s cognitive abilities. Formal evaluation is warranted when observations and collateral data suggest cognitive loss and high level of risks are present for the
adult. This workshop specifically addresses the APS role in questioning the adult’s possible lack of capacity due to cognitive decline. We will review the complexities of mental capacity, cognitive screening procedures and pitfalls, and the need to avoid inaccurate assumptions or conclusions regarding clients’ abilities.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Sylvia Pla-Raith  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**The Ten Lenses**  
This workshop explores the impact of implicit bias on our ability to build effective cross-cultural relationships and gives techniques to confront personal biases that sometimes fuel "cultural collisions" when dealing with diverse others. Come and take the “Ten Lenses” Assessment to discover the diversity paradigms that you use most often. Leave with a number of techniques to identify, confront and diminish your biases to more effectively work with colleagues and vulnerable adults.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Time and Stress Management**  
Although stress is a reality of working in the modern work world, it does not have to hinder work performance. Participants learn the causes of workplace stress and strategic solutions for improving their work and time management skills. They will learn effective management tools to use for hourly, daily, and monthly time management; how to overcome negative effects of stress, and practical ways to overcome burnout.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Anthony President  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); *Note: this course does not meet licensing board requirements for counselor credits*

**Torn and Battered, But Not Broken – Sexual Abuse in the Elderly (3hrs) *NEW***  
This workshop is designed to help aging network professionals, health care providers, and APS / elder abuse workers have a better understanding of sexual abuse in the elderly.

At the conclusion of this session, participants will:
- reach out and offer effective interventions to older victims of sexual abuse and exploitation;
- address victim service needs based on an understanding of power and control dynamics in an ongoing relationship;
- use a victim-centered approach that incorporates the strengths of an older adult with the empowerment model used in the domestic abuse and assault fields;
- understand the range of potential services and interventions for victims; and
- appreciate the need for interdisciplinary approach and for collaboration.

**Suggested Audience:** APS Staff and all levels and APS Community Partners  
**Approved Trainer:** Carilyn White
**Credits:** OHSTS (3 credits); Social Work (2.75 CEUs); Counselor (2.75 CEUs)

**Toxic Tiffs & Riffs, Overcoming Workplace Bullying in Human Services**

Nearly three out of five social workers experience workplace incivility that includes treatment by co-workers in the form of rude, demeaning, and hostile workplace interactions *(Center for Workforce Studies & Social Work Practice- http://www.ncbi.nlm.nih.gov/pubmed/22635155).* This workshop focuses on bullying as the most detrimental form of workplace incivility that threatens worker productivity, services to clients, morale, wellbeing and safety. Each worker plays a role in the dynamics of workplace bullying by either contributing to or allowing targeted persons to suffer. Learn the steps to diminishing bullying on the job by understanding the nature of workplace incivility and what you can do to contribute to a bully free workplace.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Anthony President

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); *Note: this course does not meet licensing board requirements for counselor credits*

**Turn Out the Burn Out (3hr and 6hr)**

There are those who believe stress and burnout are inevitable facts of modern day social work. While we may not have control over the unforeseen of the workday, we do have total power and control over how we respond to stress. Stress is unavoidable, but can be managed. If we can manage individual episodes of stress, burnout does not have to be our reality nor impact how we work with vulnerable adults and their families. Learn strategies to address stress and become more effective when working with clients.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Anthony President

**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); *Note: this course does not meet licensing board requirements for counselor credits*

**Understanding Borderline Personality Disorders**

This one day training will cover the fundamental elements of Borderline Personality Disorder and how case workers can deal more effectively with them. Participants will learn the diagnostic criteria according to DSM-5, the etiology of this disorder and risk factors associated with adults, who meet criteria for BPD. Tips and tactics to help workers deal with this challenging population will also be identified and reviewed.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Janice Morabeto

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Understanding Dementia and Its Impact on the Elderly (3hrs) ** *NEW*

Individuals who have Alzheimer’s disease have a physical disease, but the symptoms are expressed cognitively and psychologically, with memory impairments, issues understanding things, and possibly changes in personality. It is important APS / elder abuse workers, aging network professionals, and health care providers make a special effort to ensure elderly
individuals with Alzheimer’s disease are physically and emotionally safe. At the conclusion of this session, participants will:

- understand the various types of dementia; including early onset dementia, Alzheimer’s disease and late onset dementia, Alzheimer’s disease; and
- understand strategies for assisting a client with disruptive behaviors.

**Suggested Audience:** APS Staff and all levels and APS Community Partners

**Approved Trainer:** Carilyn White

**Credits:** OHSTS (3 credits); Social Work (2.75 CEUs); Counselor (2.75 CEUs)

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**Understanding Depression**

Major depressive disorder occurs in about 15% of the American population but the disorder is accurately diagnosed and treated in fewer than one in three. Most long standing depression will originate in childhood and can be very difficult to detect even for those who are closest to the sufferer. Depression in vulnerable adults can lead to a worsening of physical illnesses and can be extremely dangerous. In this workshop, the signs and symptoms of the two most common forms of depression will be explored as well as the bio-psycho-social causes and treatment options for both adult and childhood onsets.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Janice Morabeto

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**Understanding Human Behavior**

You can become a more effective supervisor or a more effective employee if you understand that all people are different and people’s attitudes and behavior in identical situations vary. You will learn to observe, assess, understand, and utilize these differences in people to help your interactions become more productive. This workshop focuses on understanding and utilizing the many and varied differences of individuals and how people’s apparently random behavior is actually consistent and predictable with the world as they observe it.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainer:** Ruth McMonagle

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**Understanding Individual Diversity and Personality**

Are there some people that you click with instantly while others just don’t seem to be your type? Come and assess your own work and home personality style and compare and contrast it with the other types described in the DISC model of style differences. Learn the benefits and challenges of each style to productivity in your work team. Leave with a greater appreciation for the individual diversity of each member of your work team and personal community, and expanded insight into your own style.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Rita Rizzo, Lou Vincent

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)
Understanding Mood Disorders
Mood disorders are one of the most prevalent psychiatric conditions there are and can affect people across their life-spans. They account for 25 percent of patients being seen in public health agencies, 65 percent of psychiatric outpatients and as much as 10 percent of all patients seen in general practice medical settings. Mood disorders affect millions of Americans and are expected to be the leading cause of disability in the world by 2020. This workshop will cover the prevalence, course and diagnostic criteria for the most common mood disorders according to the DSM-5. Treatment options when working with vulnerable adults will also be discussed with a special emphasis on the importance of a multi-systemic and holistic approach to wellness.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Janice Morabeto
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Understanding Schizophrenia *NEW*
Schizophrenia is a particular type of psychosis that results in the loss of contact with reality along with major personality derangements. Even though this disorder has been identified for centuries, individuals suffering from this disorder can still be confusing and frightening for professionals who work with them. Family members who meet criteria for schizophrenia can be especially risky to vulnerable adults in the home. This workshop will cover the information all workers must have in order to work with this population.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Janice Morabeto
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Understanding the Opiate Epidemic and Treating the Opiate Addict (3hr) *NEW*
Participants will receive an overview of the components of an opiate, the statistics affecting Ohio and the latest trends in use, and the red flags to develop this dependency. Participants will learn techniques on how to engage with an opiate addict during rapport building and the assessment process and how to refer to different levels of care. Heroin as well as narcotics will be covered. The “typical” opiate client will be discussed and the different cultural issues surrounding this epidemic will be learned. At the conclusion of this session, participants will:
- gain an increased understanding of opiate addiction;
- learn what heroin is, and what a narcotic is; and
- learn techniques and skills specifically designed in helping the opiate addict.

Suggested Audience: APS Staff and all levels and APS Community Partners
Approved Trainer: Jennifer Haywood
Credits: OHSTS (3 credits); Social Work (2.75 CEUs); Counselor (2.75 CEUs)

Unleashing the Power of Diversity
Powerful partnerships can occur between any two people who are focused on a common goal. To increase the potential for creativity and innovation, one might choose to partner with someone of a different culture. The unique perspectives of such cross-cultural alliances have the capacity to alleviate individual points of view and stimulate new “viewing points” to enhance problem solving, decision making and planning. Come and discover how to partner at
a new level, a better level than you ever thought possible. Learn how to appropriately confront biases in yourself and others in a way that resolves them. Leave with a number of tools to assist you in communicating compassionately, and problem solving cooperatively with others regardless of their cultural origins.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Utilizing Motivational Interviewing as an Evidence Based Treatment Technique (3hr and 6hr)**  
*NEW*

Participants will receive a thorough review on how to use motivational interviewing with resistant individuals. Any individual that shows some form of lack of motivation to change can benefit from this technique. Helping professionals will receive therapeutic “tools” for their tool box after attending this workshop. These tools will help participants with engaging, assessing, treating, or working with this population.

**Suggested Audience:** APS Staff and all levels and APS Community Partners  
**Approved Trainer:** Jennifer Haywood  
**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)

**Verbal De-escalation**

This workshop will review the skills of active listening, non-violent communication and verbal de-escalation. Levels of crisis development and the conflict cycle are discussed, emphasizing a culturally appropriate staff response. Participants will participate in exercises and demonstrations concerning personal space, body posture and motion. Additionally, participants also help to develop an increased knowledge and an opportunity to better assist a diverse population of underserved, vulnerable and/or older adults.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainer:** Brian Lowery  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Verbal De-escalation of Aggressive Clients and Customers (3hr and 6hr)**

Yelling, threatening, swearing and pacing; these are the telltale signs that your client is so upset that they may try to harm you. Calming aggressive clients and preventing the situation from escalating is something that is within your control. This workshop will present both organizational and individual strategies that can be implemented in social service settings to curtail violent episodes and successfully defuse aggressive clients. The Violence Cycle, when and how to interrupt it, will be discussed. Come prepared to tell your own "war stories" and increase the skills and knowledge you need to keep yourself and others safe at work.

**Suggested Audience:** APS Staff at all levels and APS Community Partners  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)
Web of Chemical Dependency
In this workshop, participants will learn the signs and symptoms of chemical use, abuse and dependency. Participants will understand the phases of addiction and the effects this has on an older adult and family members. Participants will also learn methods for effectively intervening and supporting an older adult impacted by addiction.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Karen Vadino
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

When Should Guardianship Be Our Choice? *NEW*
Guardianship reduces an adult’s legal status to that of a child. It should be a last resort. This session describes the realities of adult guardianship in Ohio. Participants will learn what is important in assessing an adult’s capacity and how to choose the least restrictive alternative to meet the adult’s needs. The Ohio court process will be discussed, who does guardianship when family isn’t available, what is required to obtain a guardianship and what Supreme Court Rule 66 requires of guardians and of the courts. National Principles of “Best Practice” in guardianship will be discussed. Using these principles and the preceding information, participants will break into groups and discuss several scenarios of actual cases to apply these principles. The groups will then report back to the full group for additional discussion, question and answer time. By the end of the course participants will be able to:

- List concepts important to assessing capacity for an adult;
- Choose the Least Restrictive Alternative to meet the adult’s needs;
- Understand Ohio’s court processes to obtain a guardian for an adult;
- Learn the requirements of Supreme Court Rule 66 governing guardians and the courts; and
- Identify best practice principles in guardianship.

Suggested Audience: APS Staff at all levels and APS Community Partners
Approved Trainer: Julia Nack
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Working with Self-Neglecting Clients *NEW*
In this interactive and thought provoking introductory training, APS workers and their allied partners will learn the definition of self-neglect, how prevalent it is in our society and the risk factors and indicators to watch for when assessing a case. They will learn how to access self-neglect across five domains (medical, psychological, environmental, financial and social). They will be exposed to tools used to evaluate self-neglect cases and learn about promising methods to work with self-neglecting adult. They will learn how to develop interventions, how to document a self-neglect case and what agencies they might want to partner with to work these cases. At the conclusion of this session, participants will be able to:

- Define self-neglect, its prevalence, risk factors, and indicators
- Assess self-neglect in the 5 domains
- Describe risk assessment tools used for evaluating self-neglect
- Describe promising methods for working with self-neglecting adults, including
  - Motivational interviewing
- Harm reduction
- Hoarding treatment
- Develop safety and risk reduction interventions for self-neglecting adults
- Elements to document in self-neglect cases
- Identify community partners in self-neglect cases

**Suggested Audience:** APS Staff and all levels and APS Community Partners

**Approved Trainer:** Carilyn White

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

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**Workplace Bullying Issues**

Bullying isn’t just for the school yard anymore. A number of states are considering laws designed to curtail bullying in today’s workplace. Is there a bully or two in clients and families you serve or your workforce? Attend this workshop to learn what behaviors are considered to fall into the “bullying” category. We’ll discuss how bullies develop and that bullying behaviors are manifested by clients and coworkers of all ages, from teens to senior citizens. Who is most likely to be bullied at work? What can be done about the bully? Find out why bullying can lead to mobbing and scapegoating. Become aware of how to protect yourself, your workplace and your clients from the destructive impact of bullies.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Rita Rizzo, Lou Vincent

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); *Note: this course does not meet licensing board requirements for counselor credits*
Ongoing Specialized and Related Training for Supervisors

Boosting Staff Performance
How do you hold staff accountable for using the training they have received? Are you comfortable with addressing lagging performance or attitudinal issues that are preventing the job from getting done? Discover how to instruct staff in a manner that assures understanding, gain methods for promoting staff to think through their decisions affecting the adults they serve, and hold your entire team accountable for doing their best work every day. Leave with complete comprehension of the performance appraisal cycle and a confident belief that you are now equipped to deal with whatever sort of performance issue that you may need to confront.

Suggested Audience: APS Supervisors and Managers
Approved Trainer: Rita Rizzo
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Note: this course does not meet licensing board requirements for counselor credits

Building Synergistic Teams Across the Generations (3hr and 6hr)
Creating synergistic teams in a four-generation workplace is challenging at best. Synergy can only exist when team members are able collaborate cohesively. Generations Z, Y, X and Boomers tend to bring a diversity of views, strategies, sensibilities and preferences as to how teams can best communicate, bond, formulate team values and manage meetings. Come and experience the concepts by building a fantasy elder serving organization while communicating and planning across generational lines in real time.

Suggested Audience: APS Supervisors and Managers
Approved Trainers: Rita Rizzo, Lou Vincent
Credits: OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Counselor (2.75/5.5 CEUs)

Conducting and Conveying Performance Appraisals
This workshop presents a sound understanding of the dynamics of conducting and conveying performance evaluations, including how to document performance fairly and consistently in order to provide support for performance ratings; how to prepare for the performance interview; understand rating ‘biases’ and errors; understand human behavior to know how to best present the information to the employee in a way that will be understood and accepted; use a model interview format; and how to fulfill the agency’s administrative obligation to assess employee performance and to legally protect the agency.

Suggested Audience: APS Supervisors and Managers
Approved Trainer: Ruth McMonagle
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Dealing with Difficult Employee Behavior with Integrity
In these busy times when everyone seems rushed and stressed, it doesn’t take much to make staffers blow their stack. How do you remain respectful when employees attack? When conflict develops should you avoid, accommodate, collaborate, compromise or compete? This workshop addresses issues of personal power usage, conflict management, non-defensive
talking and de-escalation skills. Learn how to calm employees and influence their thinking in such a way that win-win outcomes are possible.

**Suggested Audience:** APS Supervisors and Managers  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Dealing with Unacceptable Employee Behavior**
Is your agency suffering from issues of low morale, missed deadlines, and less than stellar productivity? If you supervise employees who cause or contribute to these issues, the time to take action is now. Attend this workshop to gain the skills needed to clearly communicate your expectations, be proactive in addressing issues before they bloom into full-fledged problems, and protect your best employees from the damaging influence of low performers. Leave with tools designed to remediate your least committed team members.

**Suggested Audience:** APS Supervisors and Managers  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs)

**Increasing Team Cooperation**
This workshop examines personal traits needed by team members to facilitate a cooperative spirit, and identifies current team problems that require resolution for increased team collaboration. Participate in a fun simulation to see if your team can survive when tested with life threatening circumstances. Leave with a plan to enhance your team’s cooperative efforts. At the conclusion of this session, participants will:

- Understand that shared goals, shared power, and shared trust are required for cooperation to exist within a team.
- Appreciate the benefits of working in a cooperative team.
- Pinpoint current team problems and know how to begin resolving them.
- Examine the traits needed by team members and team leaders to facilitate a cooperative spirit in their current work team.
- Leave with an action plan to resolve team problems and cultivate the needed traits in team members and self.

**Suggested Audience:** APS Supervisors and Managers  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Launching Leadership Series *NEW***
This is a series of six day-long modules designed to assist new and emerging APS and Social Service leaders in gaining the skills, knowledge and abilities required to be an exemplary leader. Seasoned leaders who wish to reawaken and refresh their leadership thinking and skills are also encouraged to attend.

**Suggested Audience:** APS Supervisors and Managers  
**Approved Trainers:** Rita Rizzo, Lou Vincent  
**Credits for Each Module:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)
**Module 1: Developing a Management Mindset and Skillset**

You did it! After several rounds of interviewing you have been selected for promotion in a social service organization. It quickly becomes clear that you have a lot to learn about how to get work done through other people. Attend this training to discuss the roles, responsibilities and initial skill sets to be acquired by a newly promoted manager. Practice a number of strategies designed to build your skills in coaching, mentoring, and mobilizing staff to provide more effective services to vulnerable adults and their families. Leave with increased confidence and competence in helping others do their best work under your supervision to promote strength-based services. As a result of attending this training, participants will:

- Be cognizant of the roles, responsibilities, basic skills and awareness needed by a new leader to launch a successful management career.
- Recognize and learn how to address the initial obstacles to establishing oneself as an agency leader.
- Understand the difference between coaching and mentoring and be able to assess which strategy to employ to develop staff in a targeted and efficient manner.
- Learn how to use developmental feedback and effective inquiry to spur improved staff performance and increase their judgment making skills.
- Complete an action plan to develop effective coaching roles and skills as a new supervisor.

**Module 2: Purpose Driven Planning and Action**

The work unit that a new supervisor leads is a reflection of the larger organization in which it exists. The culture of the organization, its’ purpose, goals, standards, policies and procedures all influence the work of each department. This training asks supervisor’s attending to construct a purpose-critical structure in their work unit by shaping the culture of the unit, setting both task and relationship oriented annual goals, underlying those goals with behavioral performance standards, and writing and interpreting policies and procedures in such a manner that the job gets done right, on time, every time to promote effective services to vulnerable adults and their families. As a result of attending this training, participants will:

- Visualize the organization in its ideal state and explore ideas as to how to lead it in the right direction.
- Recognize the dynamics at play within their organizational culture and verbalize ways to ensure their unit culture supports the mission of the agency and the work of the unit.
- Be able to direct staff in writing a unit purpose statement, annual goals, performance standards, policies and procedures.
- Appreciate the way in which adults learn and know the steps in teaching staff new behaviors and thinking.
Module 3: Leading Change
The helping professions are in a state of rapid change, causing instability, rumors and frustration throughout social service systems. The truth is, changes are likely to continue impact service delivery over the next decade at unprecedented rates, and those who resist will be left along the way. Attend this training to apply Kotter’s Eight Steps for Leading Change to plan and implement upcoming changes into your system promoting strength-based services to vulnerable adults and their families. Come away with renewed commitment and confidence in facilitating successful and enduring change in your workplace. As a result of attending this training, participants will:
- Appreciate the nine steps to becoming a change agent.
- Understand why and how people resist change.
- Learn how to apply Kotter’s Eight Steps to Leading Change to an upcoming change in your workplace.
- Learn strategies to lessen resistance to change by engaging and involving staff in planning and implementing lasting change.

Module 4: Building a Cooperative and Collaborative Team
It is sometimes daunting to manage a variety of individuals in a manner that consistently promotes professional growth and capitalizes on each person’s unique talents. It becomes even more challenging to pull those diverse individuals into a team that communicates effectively, cooperates freely with one another and collaborates spontaneously when issues must be solved together. This training addresses dynamics of team functioning and gives insights into generational and individual differences that, if properly leveraged, can lead to heightened team performance and promote strength-based services to vulnerable adults and their families. As a result of attending this training, participants will:
- Appreciate the components of cooperation and will be able to lay the groundwork for a cooperative spirit to develop within a work team.
- Be aware of the common barriers to clear, candid team communication and how to deconstruct these barriers as they arise.
- Consider methods to create team synergy in teams where diversity is present.
- Learn how to identify primary work styles of each of their team members and how to pair staff appropriately to accomplish work in the most efficient and harmonious manner.

Module 5: Addressing Unwanted Team Behaviors
Today’s workplace is rife with misbehavior; rumors, gossip, sabotage, unwarranted criticism, sexual harassment, bullying, unresolved conflict, ethical lapses, complaints, tattling, and low morale impacting services to vulnerable adults. Everyone thinks everyone else needs some discipline! Sources of team stress are everywhere, causing staffers to exhibit less than their best selves. This training offers effective interventions for these issues, along with resources to assure that leaders are aware of their
responsibilities under current state and federal anti-discrimination laws. As a result of attending this training, participants will:

- Be aware of common unwanted team behaviors and how to expediently and effectively address them with integrity and confidence.
- Understand their responsibilities under the ADA, ADEA, Civil Rights Acts of 1964 and 1991, GINA and HIPAA.
- Understand stress management and reward techniques designed to address and lower team stress while boosting morale.
- Learn how to facilitate the creation of “daily team ethics” to regulate team behavior in a values driven manner.

Module 6: Performance Appraisal Magic

When you hear the words “performance appraisal” do they make you want to yawn, tremble, or flee? Often supervisors and managers dread giving appraisals every bit as much as staffers fear receiving them. The repercussions of an anger-provoking performance appraisal can lead to retaliatory actions, and decreased performance on the part of the disgruntled employee impacting services to vulnerable adults. This can leave the manager feeling punished for their hard work in preparing and delivering a comprehensive evaluation of their subordinate’s work. If this mindset exists in your workplace, you can reverse this downward trend by creating an “incubator for talent” in your work domain. Performance appraisal is an opportunity for line staff and leadership to come together in an intimate conspiracy that inspires performance excellence impacting services to vulnerable adults. In this era of “coaching” mania, today’s up and coming professional is willing to pay out of pocket for a competent life coach, or talent coach. Why make your staffers part with their hard earned money when performance appraisal is available as a workplace benefit, and can provide much the same developmental value as an expensive “talent coach?” Attend this training to learn how to make the performance appraisal process a high value experience for both the appraiser and the appraised. As a result of attending this training, participants will:

- Learn how to deliver performance appraisals that will compel employees to want to achieve top performance.
- Understand how to generate a talent supporting culture where managers and staff look forward to the appraisal event with enthusiasm and eagerness.
- Learn about a performance management system that cultivates and inspires top performance through talent coaching approaches.
- Understand common approaches for preventing pitfalls and paybacks associated with adversarial appraisal approaches.

Leadership Series Module 1: Making the Transition to Management

This workshop designed to help managers develop an awareness of what is involved in transitioning into management, and provide an understanding of the best way to establish credibility and build respect as a manager. Participants will be able to understand management and supervisory duties and responsibilities to the agency; to the employees; to
the co-workers; to the clients; and to special client populations such as the abused, neglected, or exploited older and/or disabled adults

**Suggested Audience:** APS Supervisors and Managers

**Approved Trainer:** Ruth McMonagle

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Note: this course does not meet licensing board requirements for counselor credits

**Leadership Series Module 2: Planning**
This workshop is designed to teach managerial time management skills; the identification and elimination of personal time wasters; techniques for setting and sticking to priorities; ways of eliminating the negative habit of procrastination, goal setting; and delegation skills. Participants will understand the importance of timeliness to different generations and cultures and its effect on respect and providing effective client services.

**Suggested Audience:** APS Supervisors and Managers

**Approved Trainer:** Ruth McMonagle

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Leadership Series Module 3: Organization**
This workshop is designed to help supervisors and managers assess their leadership and managerial ‘style’; provide participants with techniques for organizing and presenting change; utilize strategies for dealing with change resistance; know how to be more proactive in anticipating necessary changes; understand the changing client population, including the aging population and generational diversity; and know how to organize and build a strong team culture.

**Suggested Audience:** APS Supervisors and Managers

**Approved Trainer:** Ruth McMonagle

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Leadership Series Module 4: Staffing**
There’s no better way to increase productivity, improve morale and achieve organizational goals than to hire the right person – the right time. Yet selecting the right people is a skill few managers master. Employee selection decisions should be based on facts and information, not on instincts or “gut hunches”. The selection interview techniques participants will learn can be simply and easily put into practice and are applicable to all types of jobs and positions. Participants will develop specific interview questions to assess attitudes, skills, characteristics, traits and values necessary for providing services to special client populations such as aging and senior populations, vulnerable adults or adults with disabilities. The emphasis throughout the workshop is giving participants the tools needed to make successful real-life hiring decisions.

**Suggested Audience:** APS Supervisors and Managers

**Approved Trainer:** Ruth McMonagle

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)
Leadership Series Module 5: Directing
Managers and supervisors at all levels need to have positive methods of dealing effectively with people at all levels and establishing and maintaining highly productive work environments. A cornerstone to these skills is a sound understanding of human behavior and human relations. This workshop will help supervisors and managers improve communication skills, enhance their understanding of employee motivation, assess skills of workers in and improve their relationships with their supervisors, peers and employees. Participants will learn how to use a parallel process of effective decision making and client empowerment when supervising staff providing direct services to older adults or those working in Adult Protective Services (APS) positions through improved understanding of human behavior and communication skills.

Suggested Audience: APS Supervisors and Managers
Approved Trainer: Ruth McMonagle
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Leadership Series Module 6: Monitoring and Evaluating
Understanding the ‘big’ picture; making decisions; conducting and conveying effective performance evaluations; and resolving conflicts – whether they are personal or professional conflicts – are the primary elements of the ‘control’ function of management. This workshop is designed to help supervisors and managers become effective systems thinkers; better skilled decision makers by learning about the types of decisions commonly encountered and understanding decision making approaches; understand the process of performance evaluations; and know how to resolve conflicts productively. Participants will learn how to use a parallel process of effective decision making and client empowerment when supervising staff providing direct services to older adults or those working in Adult Protective Services (APS) positions.

Suggested Audience: APS Supervisors and Managers
Approved Trainer: Ruth McMonagle
Credits: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

Reviving the Fire (3hr and 6hr)
Throughout our careers, it is essential we take time to revamp our way of thinking, re-assess our goals and re-tool our skill set for continued success when working with older adults who are vulnerable. This workshop teaches the six essential soft skills to help managers and supervisors model and coach service behavior that always exceeds the expectations of the populations we serve. A must workshop for supervisors and managers who wish to improve, and those who want to continue a culture of providing quality service delivery in their workforce.

Suggested Audience: APS Supervisors and Managers
Approved Trainer: Anthony President
Credits: OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs); Note: this course does not meet licensing board requirements for counselor credits

So You Want to Be a Supervisor
Good preparation is a key element to any plan, particularly a plan that includes getting promoted to a supervisory position. This workshop helps prepare you to assume the
responsibilities of supervision by providing tips as to how to develop a “promotable image”, and equips you with an understanding of the basics of supervision. Learn about supervisory responsibilities including goal, purpose and vision setting, performance management, team building, problem solving, and conflict resolution. Prepare yourself to supervise effectively in a helping agency where vulnerable adults, children and the elderly can count on you to guide and develop your workers a manner that ultimately provides customers with competent and courteous service delivery. The purpose of this workshop is to provide those thinking of becoming a supervisor an overview of the organizational dynamics of a social service organization and the supervisor’s role in shaping them. This course is foundational to providing clinical supervision in the future.

**Suggested Audience:** APS Staff at all levels and APS Community Partners

**Approved Trainers:** Rita Rizzo, Lou Vincent

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Note: this course does not meet licensing board requirements for counselor credits

**Stress and Coping Skills: Leadership Survival Skills**
Participants will learn issues related to dealing with the impact of stressors and how to develop coping strategies to prevent stress-related barriers such as, anxiety over workloads, burn-out and even compassion fatigue which impacts services to working with vulnerable adults and their families. Social Service workers must learn to deal with organizational change and uncertainty, increased expectations from upper management, and organizational environments which require staff to do more with fewer resources. This workshop helps to develop strategies and action steps to master, reduce, or tolerate stress so staff can provide services to vulnerable adults and their families.

**Suggested Audience:** APS Supervisors and Managers

**Approved Trainer:** Dan Houston

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Successful Supervision in Social and Adult Protective Services** *NEW*
Social and Adult Protective Services supervision is a balance and often supervisors are required to supervise multiple program areas. In this workshop, participants will gain knowledge that successful supervision requires purposeful effort. Participants will be introduced to successful supervision strategies to include: an understanding of adult learning theory and learning styles, effective communication strategies, critical thinking skills, change management and conflict resolution techniques. Knowledge learned in this workshop will help participants increase their success as a supervisor in order to better serve older adults, families and caseworkers.

**Suggested Audience:** APS Supervisors and Managers

**Approved Trainer:** Kelly Mettler

**Credits:** OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)

**Team Building For Results (3hr and 6hr)**
General Electric increased productivity by 250% by promoting teamwork (Kimbal Fisher, “Leading Self-Directed Work Teams”). Effective organizations operate as a team, with each
person sharing the workload, valuing the ideas and opinions of others, and collaborating on organizational goals and objectives to better serve adults who may be at risk.

**Suggested Audience**: APS Supervisors and Managers

**Approved Trainer**: Anthony President

**Credits**: OHSTS (3/6 credits); Social Work (2.75/5.5 CEUs)

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**To Lead or Not To Lead: That is the Question**

The role of a supervisor is similar to the role of a parent. Supervisors need to provide guidance, support motivation and feedback. The most important factor in employee productivity is the relationship between employee and supervisor. However, this relationship can be damaged when supervisors have to make unpopular decisions to provide unwanted but necessary feedback. This workshop will explore these dynamics.

**Suggested Audience**: APS Supervisors and Managers

**Approved Trainer**: Karen Vadino

**Credits**: OHSTS (6 credits); Social Work (5.5 CEUs); Counselor (5.5 CEUs)
OHSTS-APS Trainers

**Brian Bethel**
Dr. Brian L. Bethel is a Professional Clinical Counselor-Supervisor (PCC-S), a Licensed Chemical Dependency Counselor (LCDC III), and a Registered Play Therapist-Supervisor (RPT-S) with specialized training in counseling children, adolescents, and adults. Brian earned a PhD in Counselor Education and Supervision from Ohio University where he also obtained dual Master’s degrees in Clinical Counseling and Rehabilitation Counseling. With over twenty years of experience, he brings a diversity of clinical strengths to his counseling practice. He is one of the only dually licensed clinicians (mental health and substance use disorders) in southern Ohio. Previously Brian facilitated a Drivers Intervention Program for individual’s charged with DUI’s or OMVI’s as a result of substance use.

**Melanie Hale**
Melanie Hale earned a Master’s Degree in Public Administration from Cleveland State University in 2002. In 1999, she earned a Bachelor of Arts in Psychology from Lake Erie College. Melanie began her social services career at Lake County Department of Job and Family Services in 2000. In her tenure at Lake County, she worked as a caseworker, supervisor and assistant administrator in child welfare and adult protective services. She became an approved trainer for the Ohio Child Welfare Training Program in 2015.

**Jennifer Haywood**
Jennifer received her Masters of Social Work from Ohio State University in 1996 and has over 20 years’ experience in the field of mental health and addiction. She is licensed by the State of Ohio in chemical dependency. Jennifer is in private practice and specializes in working with adults. As an Adjunct Professor at OSU in the MSW program, she focuses on the new addictions minor the university offers.

**Dan Houston**
Dan Houston holds a Master of Arts degree in Counseling Psychology and a Bachelor of Arts degree in psychology from the State University of New York at Albany. He has completed doctoral level training in management science, group dynamics and organization development from Northwestern University. For the more than 20 years, Dan has served as an international trainer and president of The 1750 Group, Inc./Daniel Houston & Associates. Dan is an author, speaker, trainer and certified John Maxwell leadership coach. He provides “beyond” culture and diversity training, intergenerational leadership training, training related to poverty, and leadership training for managers and supervisors in profit and nonprofit organizations.
Theresa Johnson
Theresa Johnson currently has worked at South Central Ohio Job and Family Services as a supervisor for Children Services since July 1990 and has ongoing experience. In her role, she manages intake reports for Adult Protective Services. She has been an Adult Protection Worker for Hocking County. Theresa received a Master’s in Social Work in 2001 and a Bachelor of Arts in Social Work in 1990 from Ohio University. She has been a part-time instructor at the Ohio University-Lancaster branch since September 2001 teaching Social Work courses.

Kevin Kurpieski
Kevin Kurpieski is the Supervisor for Butler County Adult Protective Services. He received a Bachelor of Arts in Psychology from Miami University in 2000 and began his work in Adult Protective Services immediately thereafter. Kevin has been actively involved in various state, regional and local social services groups, usually in a leadership capacity. This includes the Ohio Coalition for Adult Protective Services, the Southwest Ohio APS Regional Group, the Board of Directors for the County’s Community Action Agency, the Advisory Council for the County’s Elderly Services Program, the Elder Abuse I-Team and the Prosecutor’s Task Force for Crimes Against the Elderly.

Ken Lawson
Ken Lawson earned a Bachelor of Art degree in Psychology from Grace College (Indiana). He is an Officer in the Sexual Assault Unit with the Columbus Division of Police and has 27 years of law enforcement experience. He has taught for the Ohio Department of Public Safety Office of Criminal Justice Services, Ohio Crime Prevention Association, and Ohio Child Welfare Training Program in regional and statewide courses on human trafficking. Ken has been a guest lecturer at colleges and universities for undergraduate and graduate level courses. He has also been an approved consultant for the Department of Justice Office of Victims of Crime’s Training and Technical Assistance Center.

Brian Lowery
Brian D. Lowery, MPA, LSW, CDCA is the Educational Coordinator of Lowery Training Associates. He received a BA in Social Science from University of Akron in 1974 and Master of Public Administration for Cleveland state University in 1986. He has worked in programs serving youth in out-of-home care since 1974. Mr. Lowery is a Multisystemic Therapist (MST) and trained Clinical Practitioner of Cognitive Therapy. He is a Qualified Professional Administrator with the Ohio Department of Mental Health and State Licensed Social Worker. Mr. Lowery currently serves as a consultant with contract agencies of the Alcohol, Drug Addiction and Mental Health Services (ADAMHS) Board and Developmental Disabilities Board of Cuyahoga County.
Ruth McMonagle

Ruth McMonagle, LISW-S, received her Master’s Degree in Social Work from Case Western Reserve University and her Masters of Business Administration from Youngstown State University. She holds a Bachelor’s Degree in Psychology from Clarion University. She has held positions in social work ranging from caseworker through Executive Director. Ruth has been training social services sector for the past 30 years specializing in leadership, supervision, ethics, customer service, interpersonal, and self-management skills.

Kelly Mettler

Kelly Mettler graduated from Ohio University in 2000 with a Master's Degree in Family Studies. She also holds a Chemical Dependency License with the Ohio Addiction Board. Kelly began working for Ross County Job and Family Services in 1998 and supervised Adult Protective Services for 14 years. Kelly's passion is to educate others who work with vulnerable populations. Kelly is a member of National Adult Protective Services Association and the Ohio Coalition for Adult Protective Services.

Beth Moore

Beth Moore earned a Bachelor’s of Science degree in Family Relations and Human Development from The Ohio State University. She is a Licensed Social Worker and Home Assessor. She worked as a clinician in community mental health, home based therapy, foster care, and with the court system. She’s facilitated groups on a variety of topics to include domestic violence, survivors of sexual abuse and anger management. She is currently working as a foster parent recruiter, home based geriatric counselor and trainer.

Janice Morabeto

Janice Morabeto has over 19 years of clinical experience working with children, families and adults helping them bring wellness and success in their lives. She has worked as clinical director at Comprehensive Care Corporation, Assistant Treatment Manager at Franklin County Children's Services and a therapist at Worthington Community Counseling Services. Janice is President of Success Technologies, an independent training and consulting agency which develops and delivers training and consultation services.

Julia Nack

Julia Nack has been in professional guardianship work since 1979. Currently she is the director of the Central Ohio Area Agency on Aging Volunteer Guardian Program. Prior to this work, she was the first court investigator for Adult Guardianship at the Franklin County Probate Court. She began work in guardianship in 1979, as the Program Director for Advocacy and Protective Services, Inc. Julia is a founding member of the Ohio Guardianship Association. She has trained both locally and nationally for over 30 years. A former trustee of the Center for Guardianship Certification, she has been certified by the Center as a National Master Guardian since 1999, and has a Master’s degree in Educational Administration from Ohio University.
CeCe Norwood

CeCe Norwood's social services career dates back to 1982 when she earned her Master of Arts Degree in Rehabilitation Counseling from the University of Cincinnati. She also possesses a Bachelor of Science Degree in Criminal Justice and an Associate of Art Degree in Social Services Technology from the University of Cincinnati. She began her college-level teaching career in 1985. Ms. Norwood is author of the book: *There IS Happiness After Incest and Child Sexual Abuse*. She is the founder of Nirvana Now, an organization which facilitates survivor support groups and a founding member of the Sexual Abuse Prevention Awareness Treatment Healing Coalition of Northwest Ohio. CeCe is an active Guardian ad Litem, trainer and adoptive mother.

Edward Petrish

Edward Petrish attended Cleveland State University and majored in Communication. He has studied hypnosis, NLP and is a certified hypnotherapist through the American Hypnotherapy Institute and The Mottin Institute. His background includes working in a hospital setting dealing with adults and geriatric patients, managing a group home for developmentally challenged and autistic individuals, and working with at-risk youth.

Sylvia Pla-Raith

Sylvia Pla-Raith has over 25 years of experience working in the interest of older victims. She is the lead staff of the Attorney General’s Elder Abuse Commission and the Director of the Elder Justice Initiative. Prior to joining the Attorney General’s Office, she served as the Chief Supervisor for Adult Protective Services in Cuyahoga County and served as the past Chair of the Ohio Coalition for Adult Protective Services. Her vast experience includes, hands on elder abuse investigation, training, and policy development in the field of elder abuse. Sylvia has served on several commissions and collaborative projects that have promoted the provisions of protective services through community education, outreach, advocacy, and coalition building. Ms. Pla-Raith holds a Master of Arts degree in Health and Human Services from John Carroll University and a Bachelor of Science in Psychology from The Ohio State University.

Anthony President

Anthony President earned a Bachelor of Arts in Sociology from John Carroll University and is a Staff Instructor at Lakeland Community College. He served as the Senior Training Officer for Cuyahoga County Human Services. Anthony has over 10 years training experience in both the public and private sector on a variety of Employee Development training topics.

Rita Rizzo

Rita Rizzo is the Principal of Rizzo & Associates, an Ohio based consulting and training firm founded in 1984. She holds a Master's of Science Degree in Training and Human Resource Management from University of Leicester (England) and received her undergraduate education in the field of psychology from Capital University. Rita is Webex certified as a webinar provider.
and is also a certified conflict mediator and a certificated retention specialist. Rita has over 31 years’ experience in the management consulting field and does extensive work for human service agencies both nationally and internationally.

**Jo Ellen Simonsen**

Jo Simonsen has more nearly twenty-five years of experience in the field of family violence. Since 2012, she has served as the Family Systems Advocacy Director for the Ohio Domestic Violence Network (ODVN). She has delivered numerous trainings over her career to professional and community audiences including DV in Later Life, and Family Violence Across the Lifespan, Across the Generations. Ms. Simonsen earned her Bachelor of Arts in Speech and Theatre from Wittenberg University in 1988.

**Karen Vadino**

Karen Vadino, MSW, LPCC, OCPSII received her Bachelor of Arts degree in Sociology from Youngstown State University in 1976 and her Masters of Social Work from The University of Pittsburgh in 1984. Karen’s professional experience includes the human services field at Children’s Services agencies in two counties, substance abuse treatment programs and a children’s psychiatric hospital. Currently, Karen is a motivational speaker and trainer. She has trained hundreds of supervisors, caseworkers and foster parents since becoming a trainer in the early 1980s.

**Lou Vincent**

Lou Vincent is the Vice President of Rizzo & Associates. Since 1991, he has served as the firm’s trainer and consultant. Prior to coming to Rizzo & Associates, he was employed as a Supervisory Administrator at Boys Village, a residential treatment center for adolescent boys in Smithville, Ohio. He holds a certification in Organizational Behavior from Heriot Watt University in Scotland. He is also certified as a Webex Webinar Provider. He has conducted over 4500 seminars with audiences from governmental institutions, health care facilities, and associations. He specializes in the topics of diversity, human resource development, systems approaches and workplace violence prevention. Lou is a co-author of the book Health Mind Body Soul and the author of The Master Negotiator.

**John Ward**

John Ward, LCDC III, CTS, received a Master’s Degree in Counseling from Logos University in 1998 and Bachelor's Degree in Theology from Christian Life School of Theology in 1996. He became a Licensed Chemical and Drug Counselor III in 2008. He specializes in the area of Reactive Attachment Disorder, Attention Deficit Disorder and trauma related issues. He is a master trainer for the Center for Adoption and Education and a Certified Trauma Specialist through the National Institute for Trauma and Loss in Children.
Carilyn White

Carilyn L. White is a licensed registered nurse and board certified family nurse practitioner. She obtained her Diploma of Nursing degree from St. Vincent Hospital School of Nursing in 1978, Bachelors of Nursing degree from William Carey College in 1984, and Masters of Nursing degree from the Medical College of Ohio. Carilyn is the founder and owner of C & C Health Services which provides informative, practical, hands-on educational training in health and wellness and diseases prevention activities.